# **TOWNSHIP OF UNION PUBLIC SCHOOLS**



# Grade 6 Health

Adopted September 19th, 2023

### **Mission Statement**

The mission of the Township of Union Public Schools is to build on the foundations of honesty, excellence, integrity, strong family, and community partnerships. We promote a supportive learning environment where every student is challenged, inspired, empowered, and respected as diverse learners. Through cultivation of students' intellectual curiosity, skills and knowledge, our students can achieve academically and socially, and contribute as responsible and productive citizens of our global community.

### **Philosophy Statement**

The Township of Union Public School District, as a societal agency, reflects democratic ideals and concepts through its educational practices. It is the belief of the Board of Education that a primary function of the Township of Union Public School System is to formulate a learning climate conducive to the needs of all students in general, providing therein for individual differences. The school operates as a partner with the home and community.

# Unit 1

# **Unit Title: – Personal Growth and Development**

Grade level: Grade 6	Timeframe: 15 Days

Rationale

Personal Growth and Development will focus on the emotional, sexual, and personal health of the students. Students will be expected to learn the importance of emotional health and the impact it has on the whole student. The students will examine emotional management strategies and coping skills. The students will analyze the relationship between healthy behaviors and personal health as well as ways to promote a healthy lifestyle. The students will analyze healthy sexual relationships and the different relationships that can occur in society.

### **Focus Questions**

How can appropriate healthcare promote personal health?

What are both the internal and external body parts of the male and female reproductive system, and natural variations that can exist with each?

What is the relationship between healthy behaviors and personal health?

# Standards

### Standards (Taught and Assessed):

- 2.1.8.PGD.1: Explain how appropriate health care can promote personal health.
- 2.1.8.PGD.2: Analyze how genetics and family history can impact personal health.
- 2.1.8.PGD.4: Analyze the relationship between healthy behaviors and personal health.
- 2.1.8.SSH.1: Differentiate between gender identity, gender expression and sexual orientation.
- 2.1.8.SSH.2: Develop a plan for the school to promote dignity and respect for people of all genders, gender identities, gender expressions, and sexual orientations in the school community.
- 2.1.8.SSH.3: Demonstrate communication skills that will support healthy relationships
- 2.1.8.SSH.4: Compare and contrast the characteristics of healthy and unhealthy relationships.
- 2.1.8.SSH.5: Analyze the similarities and differences between friendships, romantic relationships and sexual relationships.
- 2.1.8.SSH.6: Examine how culture influences the way families cope with traumatic situations, crisis, and change.

2.1.8.EH.1: Compare and contrast stress management strategies that are used to address various types of stress-induced situations (e.g., academics, family, personal relationships, finances, celebrations, violence).

2.1.8.EH.2: Analyze how personal attributes, resiliency, and protective factors support mental and emotional health.

### Highlighted Career Ready Practices and 21st Century Themes/Skills

Evaluate available resources that can assist in solving problems. Apply critical thinking and problem-solving skills in classroom and family settings.

### **Social-Emotional Learning Competencies**

Self Awareness Self Management Social Awareness Responsible Decision Making Relationship Skills

### **Instructional Plan**

#### **Pre-Assessment and Reflection**

Pre-Assessment	Modifications (ELL, Special Education, Gifted, At-risk of Failure, 504) and Reflections	
Unit Summative Skill Assessment	<b>ELL:</b> Model and Provide Example. Establish a non-verbal cue to redirect students when not on task.Students may use a bilingual dictionary.	
	GT:Provide enrichment activities to expand upon the curriculum.Use higher level questioning techniques in class and on assessments.	
	At risk:Individualized as needed	
	IEP/504: Modifications/ Accommodations as stated in IEP	

**SLO – WALT Student Strategies Activities and Resources Modifications (ELL,** Formative **Special Education, Gifted,** Assessment We are learning At-risk of Failure, 504) and to/that Reflections ELL:Model and Provide Demonstrate verbal and In-class assignments Activities: Respectnonverbal interpersonal Example. Establish a 2 1 8 PGD 4. Think, pair, share Students will engage in role communication in various non-verbal cue to redirect play activities utilizing their settings that impact the health students when not on Homework learned terminology. of oneself and others task.Students may use a 2.1.8.EH.1: Class discussions Students will research issues Demonstrate use of refusal. bilingual dictionary. related to respect in current negotiation, and assertiveness Pre-teaching of vocabulary Do Now skills in different situations. event articles. and concepts, visual 2.1.8.SSH.3: Peer Review learning, including graphic Students will give an oral Explain how character and organizers. presentation related to their core ethical values can be Informal experiences with respect. useful in addressing Observations/Dialog **GT:** Provide enrichment challenging situations. 2.1.8.SSH.4: ues Students will create letters activities to expand upon the that seek advice, classmates Predict situations that may Written Responses curriculum. Adjust the pace will respond. challenge an individual's core of lessons, curriculum 2 1 8 SSH 5<sup>.</sup> ethical values Journals compacting, inquiry based Students will generate a list instruction, Independent of behaviors that demonstrate **Essential Vocabulary**: respect and disrespect. Wellness, Respect, Trust, study, Higher-order thinking 2 1 8 SSH 6. Caring skills, interest-based content. student-driven instruction, and Real-world problems and scenarios At **Risk**:Individualized as needed IEP/504 Modifications/ Accommodations as stated in IEP. Individualize as needed

Student Learning Objectives (SLO), Strategies, Formative Assessment, Activities and Resources (add rows as needed)

Trust	Demonstrate verbal and	In-class assignments	Activity:	ELL:Model and Provide
	nonverbal interpersonal			Example. Establish a
2.1.8.PGD.4:	communication in various	Think, pair, share	Divide class into groups to	non-verbal cue to redirect
	settings that impact the health	Homework	discuss and report out the five aspects of trustworthiness	students when not on
	of oneself and others.	Homework	(honesty, reliability, courage,	task.Students may use a
2.1.8.EH.1:	Demonstrate use of refusal,	Class discussions	loyalty, good reputation).	bilingual dictionary.
	negotiation, and assertiveness			•
	skills in different situations.	Do Now	Write an essay about a person you trust, including why you	Pre-teaching of vocabulary
2.1.8.SSH.3:		Peer Review	trust them.	and concepts, visual
2.1.0.3311.3.	Explain how character and			learning, including graphic
	core ethical values can be	Informal	Have teams of students debate	organizers.
	useful in addressing	Observations/Dialog	opposing sides of an issue that involves trust.	GT: Provide enrichment
2.1.8.SSH.4:	challenging situations.	ues		activities to expand upon the
	Predict situations that may	Written Responses	Develop a checklist of	1 1
	challenge an individual's core	written responses	evaluating the trustworthiness of another person.	curriculum. Adjust the pace
2.1.8.SSH.5:	ethical values.	Journals	another person.	of lessons, curriculum
				compacting, inquiry based
	Essential Vocabulary:			instruction, Independent
2.1.8.SSH.6:	Wellness, Respect, Trust,			study, Higher-order thinking
	Caring			skills, interest-based content,
				student-driven instruction,
				and Real-world problems
				and scenarios
				At Risk:Individualized as
				needed
				IEP/504 Modifications/
				Accommodations as stated in
				IEP. Individualize as needed
Caring	Demonstrate verbal and	In-class assignments	Activity:	ELL:Model and Provide
2.1.8.PGD.4:	nonverbal interpersonal	Think, pair, share		Example. Establish a
2.1.0.FUD.4.	communication in various settings that impact the health	TIIIIK, Pail, Sliale	Brainstorm. the definition of	non-verbal cue to redirect
	of oneself and others.	Homework	caring.	students when not on
				task.Students may use a

2.1.8.EH.1:	Demonstrate use of refusal,	Class discussions	Create a list of Do's and Don'ts ·	bilingual dictionary.
	negotiation, and assertiveness skills in different situations.	Do Now	for caring.	Pre-teaching of vocabulary
2.1.8.SSH.3:	Explain how character and core ethical values can be	Peer Review	Plan a service project to be handed in to a service club.	and concepts, visual learning, including graphic organizers.
2.1.8.SSH.4:	useful in addressing challenging situations.	Informal Observations/Dialog ues	Create posters illustrating acts of caring.	<b>GT:</b> Provide enrichment activities to expand upon the
	Predict situations that may challenge an individual's core	Written Responses	Analyze the caring actions of	curriculum. Adjust the pace
2.1.8.SSH.5:	ethical values.	Journals	people in the news or on television.	of lessons, curriculum compacting, inquiry based
2.1.8.SSH.6:	<i>Essential Vocabulary:</i> Wellness, Respect, Trust, Caring		Pair share about a situation that happened to them regarding how they cared for someone in their community.	instruction, Independent study, Higher-order thinking skills, interest-based content, student-driven instruction, and Real-world problems and scenarios
				At Risk:Individualized as needed IEP/504 Modifications/
				Accommodations as stated in IEP. Individualize as needed

### Benchmark Assessment 1

Benchmark Assessment	Modifications (ELL, Special Education, Gifted, At-risk of Failure, 504) and Reflections
District Grade Level Created	<b>ELL:</b> Model and Provide Example. Establish a non-verbal cue to redirect students when not on task.Students may use a bilingual dictionary.
	<b>GT</b> :Provide enrichment activities to expand upon the curriculum.Use higher level questioning techniques in class and on assessments.

At risk:Individualized as needed
IEP/504: Modifications/ Accommodations as stated in IEP

### **Formative Assessments**

Formative	Modifications (ELL, Special Education, Gifted, At-risk of Failure, 504) and Reflections
Assessment	
In-class assignments	<b>ELL:</b> Model and Provide Example. Establish a non-verbal cue to redirect students when not on task.Students may use a bilingual dictionary.
Think, pair, share	<b>GT:</b> Provide enrichment activities to expand upon the curriculum.Use higher level questioning techniques in class and
Homework	on assessments.
Class discussions	At risk:Individualized as needed
Do Now	IEP/504: Modifications/ Accommodations as stated in IEP
Peer Review	
Informal	
Observations/Dialogues	
Written Responses	

### Summative Assessments (add rows as needed)

Summative Assessment	Modifications (ELL, Special Education, Gifted, At-risk of Failure, 504) and Reflections	
Open ended questions	ELL:Model and Provide Example. Establish a non-verbal cue to redirect students when not on task.Students may use a	
Exit Tickets	bilingual dictionary.	
Peer Assessments		
Self-Assessment/Reflec	<b>GT</b> :Provide enrichment activities to expand upon the curriculum.Use higher level questioning techniques in class and	
tion	on assessments.	
Portfolios	At risk:Individualized as needed	
Tests and quizzes		
Projects	IEP/504: Modifications/ Accommodations as stated in IEP	
Research Projects		

#### **Interdisciplinary Connections**

Interdisciplinary Connections	Modifications (ELL, Special Education, Gifted, At-risk of Failure, 504) and Reflections
Math Language Arts	<b>ELL:</b> Model and Provide Example. Establish a non-verbal cue to redirect students when not on task.Students may use a bilingual dictionary.
Science Art Music	<b>GT:</b> Provide enrichment activities to expand upon the curriculum.Use higher level questioning techniques in class and on assessments.
	At risk:Individualized as needed
	IEP/504: Modifications/ Accommodations as stated in IEP

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# Unit Title: Emotional Health-Alcohol, Tobacco, and Other Drugs

Grade level: Grade 6	Timeframe: 10 Days	
	Rationale	

Emotional health is an essential component of the well rounded students. Social and emotional learning helps to support student mental health needs by fostering a sense of safety and security, building positive relationships with others, and providing equitable support to learning. Student learning will center around student emotional behavior, moods, emotions and decision making. Lessons on Alcohol, Tobacco, and other Drugs and how they play a role in emotional health will be a focus in this unit.

### **Focus Questions**

Why would someone use a drug if they know that it is illegal?

What are the factors that cause addiction?

How do drugs affect the body?

Why is it important for teens to remain drug free?

Why is it crucial for someone to use medicines responsibly?

# **Standards**

#### Standards (Taught and Assessed):

2.3.8.ATD.1: Examine how the use of alcohol, tobacco, and other drugs by adolescents has impacted their lives and the lives of family members socially, emotionally, and physically.

2.3.8.ATD.2: Relate the use of alcohol and other drugs to decision-making, consent, and risk for sexual assault and abuse.

2.3.8.ATD.3: Determine the factors that contribute to different rules, laws, and policies in schools, communities, and states regarding alcohol, tobacco (including e-cigarettes, vaping, cannabis products), and other drugs.

2.3.8.ATD.4: Explain the impact of alcohol and other drugs on areas of the brain that control vision, sleep, coordination, reaction time, judgment, and memory.

2.3.8.ATD.5: Analyze how the influence of peers and different social settings (e.g., home, school, party) can result in positive and/or negative outcomes.

### Highlighted Career Ready Practices and 21st Century Themes/Skills

Evaluate available resources that can assist in solving problems. Apply critical thinking and problem-solving skills in classroom and family settings.

# **Social-Emotional Learning Competencies**

Self Awareness Self Management Social Awareness Responsible Decision Making Relationship Skills

### **Pre-Assessment and Reflection**

Pre-Assessment	Modifications (ELL, Special Education, Gifted, At-risk of Failure, 504) and Reflections
Unit Summative Skill Assessment	<b>ELL:</b> Model and Provide Example. Establish a non-verbal cue to redirect students when not on task.Students may use a bilingual dictionary.
	<b>GT:</b> Provide enrichment activities to expand upon the curriculum.Use higher level questioning techniques in class and on assessments.
	At risk:Individualized as needed
	IEP/504: Modifications/ Accommodations as stated in IEP

### Student Learning Objectives (SLO), Strategies, Formative Assessment, Activities and Resources (add rows as needed)

SLO – WALTStudent StrategWe are learning to/that	<b>Formative</b> Assessment	Activities and Resources	Modifications (ELL, Special Education, Gifted, At-risk of Failure, 504) and Reflections
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	Exceloin the excetence of the			FII. Madal and Duranida
Alcohol	Explain the system of drug	In-class assignments	Activities:	ELL:Model and Provide
Alconor	classification and why it is useful in preventing	Think, pair, share	Reading Strategy. Finding the	Example. Establish a
Understand how the	substance abuse.	Tillink, pail, share	main ideas relating to alcohol	non-verbal cue to redirect
body and brain respond	Determine the impact of the	Homework	abuse.	students when not on
to drugs and alcohol, the	use and abuse of alcohol on			task.Students may use a
short term and long-term consequences	the incidence of illness,	Class discussions	Create a TV ad that	bilingual dictionary.
of using drugs and	injuries, and disease, the	Do Now	encourages teens not to drink.	Pre-teaching of vocabulary
alcohol, and refusal	increase of risky health	DO NOW	Role play with group	and concepts, visual
skills to counteract peer	behaviors.	Peer Review	members.	learning, including graphic
pressure.	Identify and compare			
	information that is contained	Informal	Make a poster encouraging teens not to use inhalants.	organizers.
	on the bottle of over the	Observations/	"Using Inhalants" worksheet.	GT: Provide enrichment
Discuss responsible	counter and prescription drugs.	Dialogues	Create a pamphlet to educate	activities to expand upon the
ways to use medicine	urugs.	Written Responses	others about the dangers of	1 1
and ensure medicines are used for the purpose	Determine situations where	witteen reesponses	drugs.	curriculum. Adjust the pace
of health and safety.	the use of alcohol and other	Journals		of lessons, curriculum
5	drugs influence		Write a script for a public	compacting, inquiry based
	decision-making and can	Examinations of	service announcement	instruction, Independent
	place one at risk.	Student Work	explaining long and short term effects of alcohol.	study, Higher-order thinking
	Summerize the signs and		term enects of alcohol.	skills, interest-based content,
	Summarize the signs and symptoms of inhalant abuse.		Demonstrate through	student-driven instruction,
	symptoms of initiatant douse.		role-play the impact of	and Real-world problems
			effective refusal skills to	and scenarios
			decrease the amount of	
			experimentation with alcohol,	At Risk:Individualized as
			tobacco, and other drugs.	needed
				IEP/504 Modifications/
				Accommodations as stated in
Drugs/Tabaaaa	Identify and compare	In along aggionments	Activity:	IEP. Individualize as needed <b>ELL:</b> Model and Provide
Drugs/Tobacco	Identify and compare information that is contained	In-class assignments	Acuvity:	
Knowledge about drugs	on the bottle of over the	Think, pair, share	Identify and compare	Example. Establish a
and medicines informs	counter and prescription		information that is contained	non-verbal cue to redirect
decision-making related to	drugs.	Homework	on the bottle of over the	students when not on
				task.Students may use a

<ul> <li>personal wellness and the wellness of others.</li> <li>The use of alcohol, tobacco (including e-cigarettes, vaping), and other drugs can result in social, emotional, and physical harm to oneself and others.</li> <li>Learn about types of drugs and how they can affect the body, mind, emotions, and social life leading to many consequences.</li> </ul>	Demonstrate through role play the impact of effective refusal skills to decrease experimentation and use of alcohol, tobacco, and other drugs in several social settings. <b>Essential Vocabulary:</b> Alcohol, Tobacco, Drugs	Class discussions Do Now Peer Review Informal Observations/Dialog ues Written Responses Journals	counter and prescription drugs. Examine the data on how drugs/alcohol affect decision making and the potential for illness, injury, disease, and risky health behaviors. Demonstrate through role-play the impact of effective refusal skills to decrease the amount of experimentation with alcohol, tobacco, and other drugs. Describe the different stages of alcoholism and drug addiction.	bilingual dictionary. Pre-teaching of vocabulary and concepts, visual learning, including graphic organizers. <b>GT:</b> Provide enrichment activities to expand upon the curriculum. Adjust the pace of lessons, curriculum compacting, inquiry based instruction, Independent study, Higher-order thinking skills, interest-based content, student-driven instruction, and Real-world problems and scenarios <b>At Risk:</b> Individualized as needed <b>IEP/504</b> Modifications/
				<b>IEP/504</b> Modifications/ Accommodations as stated in IEP. Individualize as needed

### Benchmark Assessment 1

Benchmark Assessment	Modifications (ELL, Special Education, Gifted, At-risk of Failure, 504) and Reflections
District Grade Level Created	<b>ELL:</b> Model and Provide Example. Establish a non-verbal cue to redirect students when not on task.Students may use a bilingual dictionary.
	<b>GT:</b> Provide enrichment activities to expand upon the curriculum.Use higher level questioning techniques in class and on assessments.

At risk:Individualized as needed
IEP/504: Modifications/ Accommodations as stated in IEP

### **Formative Assessments**

Formative	Modifications (ELL, Special Education, Gifted, At-risk of Failure, 504) and Reflections
Assessment	
In-class assignments	<b>ELL:</b> Model and Provide Example. Establish a non-verbal cue to redirect students when not on task.Students may use a bilingual dictionary.
Think, pair, share	<b>GT:</b> Provide enrichment activities to expand upon the curriculum.Use higher level questioning techniques in class and
Homework	on assessments.
Class discussions	At risk:Individualized as needed
Do Now	IEP/504: Modifications/ Accommodations as stated in IEP
Peer Review	
Informal	
Observations/Dialogues	
Written Responses	

### Summative Assessments (add rows as needed)

Summative Assessment	Modifications (ELL, Special Education, Gifted, At-risk of Failure, 504) and Reflections		
Open ended questions	ELL:Model and Provide Example. Establish a non-verbal cue to redirect students when not on task.Students may use a		
Exit Tickets	bilingual dictionary.		
Peer Assessments			
Self-Assessment/Reflec	<b>GT</b> :Provide enrichment activities to expand upon the curriculum.Use higher level questioning techniques in class and		
tion	on assessments.		
Portfolios	At risk:Individualized as needed		
Tests and quizzes			
Projects	IEP/504: Modifications/ Accommodations as stated in IEP		
Research Projects			

#### **Interdisciplinary Connections**

Interdisciplinary Connections	Modifications (ELL, Special Education, Gifted, At-risk of Failure, 504) and Reflections
Math Language Arts	<b>ELL:</b> Model and Provide Example. Establish a non-verbal cue to redirect students when not on task.Students may use a bilingual dictionary.
Science Art Music	<b>GT:</b> Provide enrichment activities to expand upon the curriculum.Use higher level questioning techniques in class and on assessments.
	At risk:Individualized as needed
	IEP/504: Modifications/ Accommodations as stated in IEP

### Unit 3

# Unit Title: Social and Sexual Health-Personal Safety

Grade level: Grade 6 Timeframe: 11 Days	
	Pationala

Rationale

Social and Sexual Health will focus on age appropriate information about reproduction and offspring. The goal is to lay the foundation for social and sexual health in future grades. The importance of expressing feelings, thoughts, and emotions will also be major components of this section. Students will also develop an understanding for personal safety and proper use of technology.

**Focus Questions** 

Why is first aid important?

What are life-threatening situations that would require immediate first aid attention?

How do we ask for help?

Who are your trusted adults, at home, at school, and in the community?

How do we use technology properly and safely?

# Standards

### Standards (Taught and Assessed):

### **Personal Safety**

2.3.8.PS.1: Assess the degree of risk in a variety of situations, and identify strategies needed to reduce deliberate and non-deliberate injuries to self and others (e.g., digital safety, sexting, dating violence, domestic violence, gang violence, human trafficking, nonconsensual sexual encounters, other threats of violence). •

### **Community Health Services and Support**

2.1.8.CHSS.1: Identify professionals at school and in the community available to assist with health conditions and emergencies, sexual health services, life skills training and describe how they can be accessed (e.g., suicide prevention, CPR/AED, breast self-examination, traumatic stress).

# Highlighted Career Ready Practices and 21<sup>st</sup> Century Themes/Skills

9.2.8.CAP.4: Explain how an individual's online behavior (e.g., social networking, photo exchanges, video postings) may impact opportunities for employment or advancement.

9.2.8.CAP.12: Assess personal strengths, talents, values, and interests to appropriate jobs and careers to maximize career potential.

9.2.8.CAP.18: Explain how personal behavior, appearance, attitudes, and other choices may impact the job application process.

9.2.8.CAP.19: Relate academic achievement, as represented by high school diplomas, college degrees, and industry credentials, to employability.

### **Social-Emotional Learning Competencies**

Self Awareness Self Management Social Awareness Responsible Decision Making

## **Instructional Plan**

### **Pre-Assessment and Reflection**

Pre-Assessment	Modifications (ELL, Special Education, Gifted, At-risk of Failure, 504) and Reflections
Unit Summative Skill Assessment	<b>ELL:</b> Model and Provide Example. Establish a non-verbal cue to redirect students when not on task.Students may use a bilingual dictionary.
	<b>GT:</b> Provide enrichment activities to expand upon the curriculum.Use higher level questioning techniques in class and on assessments.
	At risk:Individualized as needed
	IEP/504: Modifications/ Accommodations as stated in IEP

### Student Learning Objectives (SLO), Strategies, Formative Assessment, Activities and Resources (add rows as needed)

SLO – WALT We are learning to/that	Student Strategies	Formative Assessment	Activities and Resources	Modifications (ELL, Special Education, Gifted, At-risk of Failure, 504) and Reflections
Understand the importance of Personal Safety in regards to relationships, technology and society.	Define first aid and explain the role it plays in emergency situations. Explain the importance of being of service to others in a time of need.	In-class assignments Think, pair, share Homework Class discussions	Activities: Identify incidents requiring first aid. Role Play with certain first aid issues and assess the needs.	ELL:Model and Provide Example. Establish a non-verbal cue to redirect students when not on task.Students may use a bilingual dictionary. Pre-teaching of vocabulary

<ul> <li>Explain the methods of handling first aid for a range of common minor emergencies.</li> <li>Explain the importance of developing first aid skills. • Identify the roles of public safety groups and how to access each for help.</li> <li>Explain the value of assertive strategies when asking for help in an emergency.</li> <li>Identify negative behavior and group activities that pose danger and identify existing and potential safety hazards.</li> <li>Demonstrate a sense of connection and responsibility to others by taking safety precautions.</li> </ul>	Do Now Peer Review Informal Observations/ Dialogues Written Responses Journals Examinations of Student Work	Create a TV ad that encourages proper technology use. Make a poster informing the public of what to do in an emergency. Create a pamphlet to educate others about proper behavior and treatment of others.	and concepts, visual learning, including graphic organizers. GT: Provide enrichment activities to expand upon the curriculum. Adjust the pace of lessons, curriculum compacting, inquiry based instruction, Independent study, Higher-order thinking skills, interest-based content, student-driven instruction, and Real-world problems and scenarios At Risk:Individualized as needed IEP/504 Modifications/ Accommodations as stated in IEP. Individualize as needed
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### **Benchmark Assessment 1**

Benchmark Assessment	Modifications (ELL, Special Education, Gifted, At-risk of Failure, 504) and Reflections
District Grade Level Created	<b>ELL:</b> Model and Provide Example. Establish a non-verbal cue to redirect students when not on task.Students may use a bilingual dictionary.
	<b>GT:</b> Provide enrichment activities to expand upon the curriculum.Use higher level questioning techniques in class and on assessments.
	At risk:Individualized as needed

IEP/504: Modifications/ Accommodations as stated in IEP

Formative Assessment	Modifications (ELL, Special Education, Gifted, At-risk of Failure, 504) and Reflections
In-class assignments	<b>ELL:</b> Model and Provide Example. Establish a non-verbal cue to redirect students when not on task.Students may use a bilingual dictionary.
Think, pair, share	<b>GT:</b> Provide enrichment activities to expand upon the curriculum.Use higher level questioning techniques in class and
Homework	on assessments.
Class discussions	At risk:Individualized as needed
Do Now	IEP/504: Modifications/ Accommodations as stated in IEP
Peer Review	
Informal Observations/Dialogues	
Written Responses	

# Summative Assessments (add rows as needed)

Summative Assessment	Modifications (ELL, Special Education, Gifted, At-risk of Failure, 504) and Reflections			
Open ended questions	<b>ELL:</b> Model and Provide Example. Establish a non-verbal cue to redirect students when not on task.Students may use a bilingual distinguant.			
Exit Tickets Peer Assessments	bilingual dictionary.			
Self-Assessment/Reflec tion	<b>GT</b> :Provide enrichment activities to expand upon the curriculum.Use higher level questioning techniques in class and on assessments.			
Portfolios	At risk:Individualized as needed			
Tests and quizzes Projects	IEP/504: Modifications/ Accommodations as stated in IEP			
Research Projects Presentations				

Essays	

#### **Interdisciplinary Connections**

Interdisciplinary Connections	Modifications (ELL, Special Education, Gifted, At-risk of Failure, 504) and Reflections
Math Language Arts Science Art Music	<ul> <li>ELL:Model and Provide Example. Establish a non-verbal cue to redirect students when not on task.Students may use a bilingual dictionary.</li> <li>GT:Provide enrichment activities to expand upon the curriculum.Use higher level questioning techniques in class and on assessments.</li> <li>At risk:Individualized as needed</li> </ul>
	<b>IEP/504:</b> Modifications/ Accommodations as stated in IEP

# Unit 4 Community Health Skills/ LEAD

Unit Title: Community Health Skills/LEAD	
Grade level: Grade 6	Timeframe: 10 Days
	Rationale

Community Health Services and Support will serve as an important unit to inform students of emergency situations, resources, feelings, health professionals and different organizations that will support citizens in the time of need. They will also learn about laws, rights, and services that will affect a student and their life.

The LEAD Program in Grade 7 uses interactive games, role-play, visual aids, and fun activities to teach and reinforce the social emotional skills students need to build pro-social relationships and make healthy choices. Students learn to set reachable goals, make responsible decisions, identify and manage their emotions, communicate effectively, and apply these skills to resolve conflicts peacefully, manage anger, and respond to bullying peacefully.

### **Focus Questions**

What skills and characteristics will lead to a successful person?

Do you have certain characteristics that make you successful?

What are certain ideas that lead to your social health and a successful life?

# Standards

### Standards (Taught and Assessed):

2.1.8.PGD.4: Analyze the relationship between healthy behaviors and personal health.

2.1.8.EH.1: Compare and contrast stress management strategies that are used to address various types of stress-induced situations (e.g.,

academics, family, personal relationships, finances, celebrations, violence).

2.1.8.EH.2: Analyze how personal attributes, resiliency, and protective factors support mental and emotional health.

2.1.8.SSH.3: Demonstrate communication skills that will support healthy relationships

2.1.8.SSH.4: Compare and contrast the characteristics of healthy and unhealthy relationships.

# Highlighted Career Ready Practices and 21<sup>st</sup> Century Themes/Skills

9.2.8.CAP.4: Explain how an individual's online behavior (e.g., social networking, photo exchanges, video postings) may impact opportunities for employment or advancement.

9.2.8.CAP.12: Assess personal strengths, talents, values, and interests to appropriate jobs and careers to maximize career potential.

9.2.8.CAP.18: Explain how personal behavior, appearance, attitudes, and other choices may impact the job application process.

9.2.8.CAP.19: Relate academic achievement, as represented by high school diplomas, college degrees, and industry credentials, to employability.

### **Social-Emotional Learning Competencies**

Self Awareness Self Management Social Awareness Responsible Decision Making

## **Instructional Plan**

### **Pre-Assessment and Reflection**

Pre-Assessment	Modifications (ELL, Special Education, Gifted, At-risk of Failure, 504) and Reflections			
Unit Summative Skill Assessment	<b>ELL:</b> Model and Provide Example. Establish a non-verbal cue to redirect students when not on task.Students may use a bilingual dictionary.			
	GT:Provide enrichment activities to expand upon the curriculum.Use higher level questioning techniques in class and on assessments.			
	At risk:Individualized as needed			
	IEP/504: Modifications/ Accommodations as stated in IEP			

### Student Learning Objectives (SLO), Strategies, Formative Assessment, Activities and Resources (add rows as needed)

SLO – WALT We are learning to/that	Student Strategies	Formative Assessment	Activities and Resources	Modifications (ELL, Special Education, Gifted, At-risk of Failure, 504) and Reflections
Setting Reachable Goals	Students learn how to set and reach personal goals. Students also learn to recognize and manage potential obstacles that can get in the way of reaching a goal.	In-class assignments Think, pair, share Homework Class discussions	Activities: Goal Setting Steps Goal Setting Criteria Identify Resources for Support	ELL:Model and Provide Example. Establish a non-verbal cue to redirect students when not on task.Students may use a bilingual dictionary. Pre-teaching of vocabulary

		Do Now		and concepts, visual
		DUINUW		
		Peer Review		learning, including graphic
				organizers.
		Informal		GT: Provide enrichment
		Observations/		
		Dialogues		activities to expand upon the
		Written Responses		curriculum. Adjust the pace
		1		of lessons, curriculum
		Journals		compacting, inquiry based
		Examinations of		instruction, Independent
		Student Work		study, Higher-order thinking
		Student WOIR		skills, interest-based content,
				student-driven instruction,
				and Real-world problems
				and scenarios
				At Risk:Individualized as
				needed
				IEP/504 Modifications/
				Accommodations as stated in
				IEP. Individualize as needed
Making Responsible	Students learn to plan their	In-class assignments	Decision Making Model	ELL:Model and Provide
Decisions	actions, evaluate their choices, and problem solve	Think, pair, share	Understanding Consequences	Example. Establish a
	using the steps for responsible	Timik, pail, share	Evaluating Consequences of Decisions	non-verbal cue to redirect
decision making. Students also examine how goals, peers, media, and family		Homework		students when not on
		Class diam		task.Students may use a
	Class discussions		bilingual dictionary.	
	influence decisions.	Do Now		Pre-teaching of vocabulary
				and concepts, visual
		Peer Review		learning, including graphic
				organizers.

Effective Communication	Students learn and apply effective communication skills to handle conflict peacefully, share feelings and ideas with others, and enhance cooperation in order to maintain positive relationships. Students also analyze how perceptions and emotions can influence communication.	Informal Observations/ DialoguesWritten ResponsesJournalsExaminations of Student WorkIn-class assignmentsThink, pair, shareHomeworkClass discussionsDo NowPeer ReviewInformal Observations/ DialoguesWritten Responses	Identify Intense Emotions Physical Signals of Emotions Emotion Management Strategies Impact of Emotions on Decisions	GT: Provide enrichment activities to expand upon the curriculum. Adjust the pace of lessons, curriculum compacting, inquiry based instruction, Independent study, Higher-order thinking skills, interest-based content, student-driven instruction, and Real-world problems and scenarios At Risk:Individualized as needed IEP/504 Modifications/ Accommodations as stated in IEP. Individualize as needed ELL:Model and Provide Example. Establish a non-verbal cue to redirect students when not on task.Students may use a bilingual dictionary. Pre-teaching of vocabulary and concepts, visual learning, including graphic organizers. GT: Provide enrichment activities to expand upon the curriculum. Adjust the pace of lessons, curriculum
		Written Responses Journals		curriculum. Adjust the pace of lessons, curriculum compacting, inquiry based

		Examinations of Student Work		<ul> <li>instruction, Independent</li> <li>study, Higher-order thinking</li> <li>skills, interest-based content,</li> <li>student-driven instruction,</li> <li>and Real-world problems</li> <li>and scenarios</li> <li>At Risk:Individualized as</li> <li>needed</li> <li>IEP/504 Modifications/</li> <li>Accommodations as stated in</li> <li>IEP. Individualize as needed</li> </ul>
Identifying and Managing Emotions	Students learn to recognize and manage their emotions using healthy strategies. Students analyze how emotions and self awareness influence decision making. Students also learn to discern the emotions of others and demonstrate care and respect for self and others.	In-class assignments Think, pair, share Homework Class discussions Do Now Peer Review Informal Observations/ Dialogues Written Responses Journals Examinations of Student Work	Elements of Communication Non-Verbal Communication Differentiate Assertive, Aggressive, and Passive Communication	<ul> <li>ELL:Model and Provide</li> <li>Example. Establish a <ul> <li>non-verbal cue to redirect</li> <li>students when not on</li> <li>task.Students may use a</li> <li>bilingual dictionary.</li> </ul> </li> <li>Pre-teaching of vocabulary <ul> <li>and concepts, visual</li> <li>learning, including graphic</li> <li>organizers.</li> </ul> </li> <li>GT: Provide enrichment <ul> <li>activities to expand upon the</li> <li>curriculum. Adjust the pace</li> <li>of lessons, curriculum</li> <li>compacting, inquiry based</li> <li>instruction, Independent</li> <li>study, Higher-order thinking</li> <li>skills, interest-based content,</li> </ul></li></ul>

	Students learn how	In-class assignments	Link Thoughts, Emotions,	At Risk:Individualized as needed IEP/504 Modifications/ Accommodations as stated in IEP. Individualize as needed ELL:Model and Provide
Respect for Self and Others	confidence and self respect positively affect their attitudes, behaviors, and relationships. Students assess their own strengths and weaknesses and demonstrate the ability to think positively in difficult situations.	Think, pair, share Homework Class discussions Do Now Peer Review Informal Observations/ Dialogues Written Responses Journals Examinations of Student Work	and Behavior Effects of Positive Thinking and Attitude on Outcomes Sense of Self and Self-Respect	<ul> <li>Example. Establish a non-verbal cue to redirect students when not on task.Students may use a bilingual dictionary.</li> <li>Pre-teaching of vocabulary and concepts, visual learning, including graphic organizers.</li> <li>GT: Provide enrichment activities to expand upon the curriculum. Adjust the pace of lessons, curriculum compacting, inquiry based instruction, Independent study, Higher-order thinking skills, interest-based content, student-driven instruction, and Real-world problems and scenarios</li> <li>At Risk:Individualized as needed</li> </ul>

Anger Management of an	dents distinguish degrees nger and identify the	In-class assignments		
phys				Example. Establish a
	sical indicators of anger.	Think, pair, share	Physical Signs of Anger	non-verbal cue to redirect
	lents also distinguish the ons that can escalate or	Homework	Healthy Anger	students when not on
	escalate a conflict.	<b>CI</b> 1		task.Students may use a
	lents learn healthy ways	Class discussions	Management Strategies	bilingual dictionary.
	hanage anger and apply	Do Now		Pre-teaching of vocabulary
conf	tegies to de-escalate a			and concepts, visual
	inot.	Peer Review		learning, including graphic
		Informal		organizers.
		Observations/		<b>GT:</b> Provide enrichment
		Dialogues		activities to expand upon the
		Written Responses		curriculum. Adjust the pace
		1		of lessons, curriculum
		Journals		compacting, inquiry based
		Examinations of		instruction, Independent
		Student Work		study, Higher-order thinking
				skills, interest-based content,
				student-driven instruction,
				and Real-world problems
				and scenarios
				At Risk:Individualized as
				needed
				needed
				IEP/504 Modifications/
				Accommodations as stated in
Stud	lents learn to recognize	In-class assignments	Healthy Responses to	IEP. Individualize as needed <b>ELL:</b> Model and Provide
Identifying and Managing bully	ying and demonstrate	in clubs ussignments	Bullying	Example. Establish a
Bullying Situations healt	thy ways for targets and	Think, pair, share	2	non-verbal cue to redirect
	nesses to respond to	Homework	Behavior Reporting vs. Snitching	students when not on
	ying behavior. Students tify several motivations		Sintelling	task.Students may use a

	for bullying and demonstrate	Class discussions	Why to Report Reasons	bilingual dictionary.
	healthy alternatives to		People Bully	Pre-teaching of vocabulary
	bullying behavior.	Do Now		and concepts, visual
		Peer Review		learning, including graphic
				organizers.
		Informal		8
		Observations/		<b>GT:</b> Provide enrichment
		Dialogues		activities to expand upon the
		Written Responses		curriculum. Adjust the pace
				of lessons, curriculum
		Journals		compacting, inquiry based
		Examinations of		instruction, Independent
		Student Work		study, Higher-order thinking
				skills, interest-based content,
				student-driven instruction,
				and Real-world problems
				and scenarios
				At Risk:Individualized as
				needed
				IEP/504 Modifications/
				Accommodations as stated in IEP. Individualize as needed
	Students identify the negative	In-class assignments	Critical Thinking Skills	ELL:Model and Provide
Media Violence	influences of media		B	Example. Establish a
	representations of violence.	Think, pair, share	Media Literacy Skills	non-verbal cue to redirect
	Students apply critical	Homework	Explore Media Presentations	students when not on
	thinking and media literacy skills to interpret depictions		of Violence	task.Students may use a
	of violence in the media.	Class discussions		bilingual dictionary.
	Students also recall the skills	Do Now		Pre-teaching of vocabulary
	learned in the course through	Do Now		and concepts, visual
	a comprehensive course review.	Peer Review		una concepto, visuar

Informal Observations/ Dialogues Written Responses Journals Examinations of Student Work	learning, including graphic organizers. GT: Provide enrichment activities to expand upon the curriculum. Adjust the pace of lessons, curriculum compacting, inquiry based instruction, Independent study, Higher-order thinking skills, interest-based content, student-driven instruction, and Real-world problems and scenarios
	At Risk:Individualized as needed
	<b>IEP/504</b> Modifications/ Accommodations as stated in IEP. Individualize as needed

### **Benchmark Assessment 1**

Benchmark Assessment	Modifications (ELL, Special Education, Gifted, At-risk of Failure, 504) and Reflections
District Grade Level Created	<ul> <li>ELL:Model and Provide Example. Establish a non-verbal cue to redirect students when not on task.Students may use a bilingual dictionary.</li> <li>GT:Provide enrichment activities to expand upon the curriculum.Use higher level questioning techniques in class and on assessments.</li> <li>At risk:Individualized as needed</li> <li>IEP/504: Modifications/ Accommodations as stated in IEP</li> </ul>

### **Formative Assessments**

Formative	Modifications (ELL, Special Education, Gifted, At-risk of Failure, 504) and Reflections
Assessment	
In-class assignments	<b>ELL:</b> Model and Provide Example. Establish a non-verbal cue to redirect students when not on task.Students may use a bilingual dictionary.
Think, pair, share	<b>GT:</b> Provide enrichment activities to expand upon the curriculum.Use higher level questioning techniques in class and
Homework	on assessments.
Class discussions	At risk:Individualized as needed
Do Now	IEP/504: Modifications/ Accommodations as stated in IEP
Peer Review	
Informal	
Observations/Dialogues	
Written Responses	

### Summative Assessments (add rows as needed)

Summative Assessment	Modifications (ELL, Special Education, Gifted, At-risk of Failure, 504) and Reflections
Open ended questions	<b>ELL:</b> Model and Provide Example. Establish a non-verbal cue to redirect students when not on task.Students may use a
Open ended questions Exit Tickets	bilingual dictionary.
Peer Assessments	<b>GT:</b> Provide enrichment activities to expand upon the curriculum.Use higher level questioning techniques in class and
Self-Assessment/Reflec	on assessments.
tion Portfolios	
Tests and quizzes	At risk:Individualized as needed
Projects	IEP/504: Modifications/ Accommodations as stated in IEP
Research Projects	
Presentations	
Essays	

#### **Interdisciplinary Connections**

Interdisciplinary Connections	Modifications (ELL, Special Education, Gifted, At-risk of Failure, 504) and Reflections
Math Language Arts Science Art Music	<ul> <li>ELL:Model and Provide Example. Establish a non-verbal cue to redirect students when not on task.Students may use a bilingual dictionary.</li> <li>GT:Provide enrichment activities to expand upon the curriculum.Use higher level questioning techniques in class and on assessments.</li> <li>At risk:Individualized as needed</li> <li>IEP/504: Modifications/ Accommodations as stated in IEP</li> </ul>

### N.J.S.A. 18A:35-4.7. Parent's statement of conflict with conscience

Any child whose parent or guardian presents to the school principal a signed statement that any part of the instructions in health, family life education or sex education is in conflict with his conscience, or sincerely held moral or religious beliefs shall be excused from that portion of the course where such instruction is being given and no penalties as to credit or graduation shall result therefrom.