

Film Approval Request

School: KMS

Department: English

Course: 700/701

Grade Level: 7

Committee Members (5+): Nikki Kelly, Jacquie Winters, Joy Shaw, Jane Tresnan, Kamuela Tillman

Title: So B. It

Year: 2017

Director: Stephen Gyllenhaal

Rating: PG-13

Summary of Plot:

For as long as Heidi can remember, her mentally challenged mother has had only 22 words in her vocabulary. And that's fine with the precocious 12 year-old. She and Mama live happily, in the bubble of love and protection provided by their remarkable neighbor, the nurturing but agoraphobic Bernadette. Then one day a new word pops out of Mama's mouth - the mysterious "soof" - and it changes everything. Heidi is propelled on a solo cross-country journey of discovery and loss, truth and identity. Secrets boil to the surface, long-hidden fears are faced, and Heidi finally learns who she is and where she and her childlike Mama came from.

Language/Sexual Content:

n/a

Rationale for Usage:

The film highlights mental illness, and that it's told in an appropriate manner. The struggles the women in the film have with their mental illness is realistically portrayed and the film does a great job of showing the daily struggles one goes through with such an illness. As a result, Heidi has had to grow up very quickly and navigates the world boldly as she goes on her quest for answers.