The Mission:

To empower young men to live with character, integrity, strength, compassion and empathy through individual and group coaching, workshops, motivational speaking and retreat experiences.

2023-2024c Building Men Program

Attention:

Isabella Scocozza
Director Instruction & Funded Programs Township
of Union Public Schools
2369 Morris Avenue, Union, NJ 07083

Dennis Morolda Building Men 306 Crescent Drive Bordentown, NJ 08505 609-227-9404 buildingmencoach@gmail.com

Quantity	Description	Unit Price	Line Total
8	Full year Building Men Program - Half day consulting/group facilitation	\$1,200	\$9,600
	Creating community, focusing on the mental, emotional and physical health of adolescent young men in the credit recovery program.		
	Meetings will focus on our 12 pillars and incorporate our healthy habits. Small group/individual meetings will focus on the needs of the specific student(s).		
	2 evening parent meetings		
	Pillars: Accountability, Authenticity, Commitment, Confidence, Courage, Curiosity, Humility, Integrity, Leadership, Resilience, Respect, Self-Discipline		
	Healthy Habits: Journaling, Sleep, Hydration, Movement, Sunlight, Gratitude, Nutrition, Limiting Screen Time, Reading		
Total			\$9,600