

DEPARTMENT OF SPECIAL SERVICES  
Township of Union Public Schools  
M-E-M-O-R-A-N-D-U-M

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TO: Greg Tatum  
C: Julia Vicidomini, Diane Cappiello  
FROM: Joseph Seugling  
RE: Board Agenda  
DATE: 2017-08-08

Approve the following school applications for:

Play Unified 2017-2018 Grant, Special Olympics

Burnet Middle School  
Kawameeh Middle School

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## Grant Application Overview and Guidelines

Special Olympics New Jersey (SONJ) is pleased to present the guidelines and application forms for the 2017-2018 Play Unified School Partnership Grants. Applicants may contact SONJ staff through early July with questions or for assistance. **All applications are due on or before Friday, August 11, 2017. If you need an extension, please contact us as soon as possible to discuss.**

### ABOUT SPECIAL OLYMPICS UNIFIED CHAMPION SCHOOLS PROGRAM

The Special Olympics Unified Champion Schools program promotes a socially inclusive school climate where acceptance, respect and human dignity for all students is the norm. A Unified Champion School equitably supports students with and without disabilities and fosters meaningful opportunities for every student to contribute. In Unified Champion Schools, young people of all abilities can be inclusive leaders and athletes, engaging their entire school community in creating an environment where every student feels challenged, supported and connected.

### Special Olympics New Jersey Play Unified Grants

The Unified Champion Schools initiative is offered by SONJ through the Play Unified School Partnership. SONJ is committed to ensuring that every individual has an equal opportunity to participate safely and successfully in Physical Education and athletic, extracurricular and recreational activities that lead to a healthy, active and fulfilling lifestyle. Play Unified Grants fund Unified Champion School activities that bring students with and without disabilities together as classmates, teammates, friends and agents of change in their school. **The focus moves beyond volunteerism toward meaningful interaction and building relationships, creating equal opportunity and a level playing field where students discover that they all have uniquely different *abilities*.**

Unified Champion Schools conduct activities in three areas: **Inclusive Leadership, Unified Sports® and Whole School Engagement.** Together, these youth-led initiatives **bring students with and without disabilities together in repeated, meaningful interactions** that promote positive school climate. They provide all students with equal access to opportunities to participate in sports, school clubs and activities that foster genuine social inclusion.

**1. Inclusive Youth Leadership** recognizes that all students have leadership potential. In Unified Clubs, students of all abilities come together as equals to discover one another's individual strengths. While finding their own voice, students come together as change agents to create a school environment where all students have the chance and support to

reach their full potential. In Unified Clubs, students learn to co-lead and play alongside students with different abilities. Rather than engage as helpers or volunteers, general education students join Unified teams as equal and meaningful members of the team.

**2. Unified Sports®** provide youth with and without intellectual disabilities the opportunity to train and play together as teammates. Unified Champion Schools ensure that all students can access opportunities to develop their athletic skills and represent their school as athletes and leaders, all while cultivating understanding and respect for each other, fostering a community of camaraderie and forming friendships on and off the playing field.

**3. Whole School Engagement** This area includes youth-led activities and programs that promote school-wide engagement, inclusion, education and awareness. Examples include Pep Rallies and/or Fans in the Stands, Respect Campaigns and fundraising.

By initialing below, I am stating I have read, agree to follow and enforce the above information and/or guidelines.

**Diana Pielech**

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## WHAT WE FUND

Play Unified Grants help schools implement a combination of effective activities that foster system-wide change. Young people and adults are equipped with tools and training to combat stereotypes, eliminate hurtful language and foster safe and healthy activities and interactions. Students of all abilities come together as peers, teammates and friends in a school community that is welcoming, values the engagement of all students and is free from bullying, exclusion and negative attitudes.

- Play Unified Grant funding supports projects and activities that create repeated, meaningful and sustainable inclusive sports, social and education opportunities. All activities must aim to engage approximately equal numbers of students with and without disabilities of similar ages as teammates, classmates and peers.
- One-time events such as Unified Game Days and assemblies are **not** considered primary funding activities. These can be included in a Unified School's program offerings as culminating events, but the focus should be placed on activities that bring students together regularly in nearly equal ratios, or as close as possible, so they can form sustainable relationships and meaningful interactions.
- While activities such as clinics or "buddy ball," where school athletes of advanced ability coach and assist athletes with special needs, are valuable and can be included as Player Development in your Unified Sports program, they should not be the only or primary Unified Sports initiative.

Funding will be awarded to programs that focus on appropriate types of Unified Club and

Unified Sports initiatives.

### Non-Allowable Expenses

Play Unified Grants are made possible primarily from funds from the United States Department of Education and therefore are subject to strict spending guidelines. **When preparing applications, keep in mind that funds cannot be used for:**

- Any activity that includes only students with or without disabilities
- Activities where the ratio of students with/without disabilities is greater than 30%
- Parties and one-time celebrations
- Field trips and other out-of-school activities that include students not directly participating in the Play Unified Club and sports activities. For example, funds cannot be used for reverse inclusion activities that take the special needs class on a trip with an entire general education class
- Food, other than snacks and water during sports activities or PRE-APPROVED lunches during a sports or youth summit even
- Fees for assembly speakers or presentations
- Stipends or payments for activities that take place during instructional time
- Arts and crafts activities that are not directly related to Unified Club or Unified Sports initiatives
- Durable equipment and supplies

By initialing below, I am stating I have read, agree to follow and enforce the above information and/or guidelines.

**Diana Pielech**

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### ADVISER AND UNIFIED SPORTS COACH STIPENDS

## Qualifications and Eligibility Criteria

Unified Club Advisers and Unified Sports Coaches are eligible for stipends. When creating your budget, stipends should be appropriate and pro-rated in alignment with the district pay scale for clubs and athletics. **Monthly, midterm and final reports must be current before stipends will be paid. Please carefully read the stipulations for eligibility.**

#### UNIFIED CLUB ADVISER STIPENDS:

- Stipends are only paid for activities that take place **outside of instructional time**. **Club Adviser and Unified Sports coaching for activities that are conducted during physical education classes or other class time are not eligible for stipends.** To qualify for a stipend, activities must take place during lunch, prep time, after school or on weekends and days off.
- To qualify for an Adviser stipend, the **club must meet a minimum of once a month, under the adviser's supervision, for a minimum of 8 months.**
- A District Coordinator stipend can also be requested for someone handling all paperwork, reporting and/or participating as an adviser or coach.

**UNIFIED SPORTS COACH STIPENDS:**

- Unified Sports Coach stipends are **only offered at the Middle and High School levels.**
- Elementary schools do not qualify for Unified coach stipends unless they are conducting Junior Division Unified Sports programs after school or outside of instructional hours.
- Stipend requests with supporting information on activities, practice and competition dates, and participation numbers **must be submitted within 2 weeks of the end of the sports season** to be honored.
- To qualify for a Unified Coach stipend, an intramural, intra-district or interscholastic Unified sports program must include a **minimum of 6 practices and participation in a culminating competitive event.** The coach must **complete the Special Olympics NFSA online Coaching Unified Sports course, protective behaviors and any other SONJ necessary paperwork.** Pro-rated stipends can be paid for Unified Sports activities that include a minimum of 3 practices and a culminating competitive event.
- For one coach, the stipend is not to exceed \$1,500. When two coaches are employed for the same sport, the stipend is not to exceed \$2,000 for that sport season. The amount is distributed at the school's discretion.
- Stipends are not paid for coaching one-time events, attending Special Olympics New Jersey or other one-time Unified Game Days or activities that take place during Physical Education.
- Unified Sports coach stipends do not apply to coaching Unified Special Olympics LTP/traditional sports activities.

Unified Coach Stipends are **not paid** for running a **Young Athletes program**.

By initialing below, I am stating that I have read, agree to follow and enforce the above information and/or guidelines.

**Diana Pielech**

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## FUNDING REQUIREMENTS

Unified Champion Schools conduct activities that bring students with and without disabilities together in repeated, meaningful activities and interactions, and impact the entire school community. **Each school must include all three components including establishing a Unified Club, running at least one Unified Sports activity and holding a minimum of one Whole School Engagement event. Examples of activities in each area include:**

### 1) Inclusive Youth Leadership

- *Establish Unified Club*, collaborate with other clubs and students organizations to increase inclusive offerings.
- *Youth Leadership Summits* - club leaders attend Youth Summits with students from around the state, sponsored by SONJ
- *Lunch-mates* - Create opportunities for students with and without disabilities to share lunch. Try "Shake it Up Friday" where everyone sits with someone they don't know.
- *Unified Pals* - create opportunities for students without disabilities to be partners in other elective classes and clubs.
- *Hold trainings and meetings* for students who run other clubs to teach them how to be more inclusive.
- *Events and Fundraisers* - Get the whole school involved in the Cool School Challenge Polar Plunge or a fundraiser or Unified activity during lunch or on a test day. Set a goal of how many students you'd like to get involved.
- *Presenting at a faculty or school board meeting* to make a presentation on inclusive leadership and ways your school can become more socially inclusive.

### 2) Unified Sports® & Skill Development

- *Unified PE Elective Course* - A fully inclusive **for-credit PE course** for students with and without disabilities that includes three pillars: Sport Skills, Leadership and Health and

Wellness. Unified PE counts as Unified Sports but we encourage schools to run Unified PE as a foundation for the overall Play Unified program at your school.

- **Learn. Practice. Play. UNIFIED.** – Employ SONJ Resource Guide, Professional Development training and equipment to create meaningful inclusive PE experiences for all students.
- **Play Unified Interscholastic Club Sports/Shriver Cup** – Schools can organize Interscholastic play among club teams in any sport. Shriver Cup State Championships are offered in soccer, basketball and bowling.
- **NJSIAA Interscholastic Unified Sports** - School teams participate in conference, sectional and state championship events in basketball and track & field.
- **Intramurals** - after-school intramurals, 3 on 3 tournaments, Intra-district games and tournaments.
- **Unified Sports Rec Program** – Invite students throughout the community to come out and play on nights or weekends.
- **Unified Game Days** - Inclusive teams of students from a school or district come together for Unified Sports days. (These are done at the elementary level as a culminating event for P.E. or intramural programs, or in addition to other Unified Sports options at the Middle and High School level.)

### 3) Whole School Engagement

- **Disability Awareness Week/Abilities Awareness Fair** – organize a week of awareness and Unified Sports activities, create a theme for each day to promote your club and engage your entire school in building understanding and inclusion.
- **Assemblies** – Invite an SONJ Athlete and/or Unified Youth Leader from your school to make a presentation.
- **Create Videos/Show Special Olympics videos** - partner with the school student TV, Communications or Photography Club and engage the district communications department to create fun videos to show on morning announcements or school TV to promote your Unified Club and Unified Sports activities.
- **Engage other teachers** in language arts, guidance, athletics, music and art, world languages – everyone can incorporate disability awareness themes into their classes.
- **Hold a Eunice Kennedy Shriver Awareness Day** - March is *Disability Awareness* month and Women's History Month!
- **Pep Rally** - celebrate your Unified Sports teams or Special Olympics Unified teams along with other athletes in the school.
- **Change the environment!** Host a poster contest, create word walls or temporary murals, hold a poetry contest – be creative!

By initialing below, I am stating that I have read and agree to follow the above information and/or guidelines.

**Diana Pielech**

## GRANT APPLICATION INSTRUCTIONS

SONJ offers Play Unified Grants at three funding levels to individual schools and to districts applying for two or more schools. Please call Susan Colacello at 609-896-8000 ext. 284 if you have any questions regarding which level of funding is most appropriate for your school or district.

- **Level One: Unified Sports Assistance and Sustainability** - Up to \$2,000 to implement one or more interscholastic Unified sports seasons. These include Play Unified Club intramurals or interscholastic events, Shriver Cup Championships and SONJ-NJSIAA Interscholastic events. Funds may also be used to support an additional year of activity to help a specific program reach sustainability.
- **Level Two: Play Unified School Grant** - Up to \$4,000 to implement a complete Unified Champion Schools plan that includes organizing all three components: a Unified Leadership Club, Unified Sports and Whole School Engagement initiatives.
- **Level Three: Play Unified District Grant** - Up to \$20,000 for a district with at least three schools to implement all three Unified Champion School components in each school. Districts may apply for ONE YEAR or THREE YEAR Grants. **Three year grant applicants will answer additional questions in the Project Description portion of the Grant Application.**
- **Elementary School Grants** - Grades K-3 Elementary Schools are eligible for funding in the range of \$1,000-\$1,500 to establish a Unified Pals program, Unified P.E., a school-wide Unified Game Day or Junior Division Sports.

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**Diana Pielech**



## **COMPLETING THE GRANT APPLICATION**

**STEP 1: Assemble a School Leadership Team:** Each applicant must have a **School Leadership Team (SLT)** in place to oversee the planning and implementation of the Unified Schools and Unified Sports programs. The team should consist of members from special services, athletics, administration, school safety team, guidance and general education. **Establishing this interdepartmental collaboration is essential to successful implementation.**

**Step 2: Identify School and District Liaison:** The liaison will serve as the primary contact with SONJ and complete the Grant Application Cover Sheet, Project Description and attached Budget Workbook with support of the SLT. The liaison will also be responsible for all grant reporting throughout the year. He or she should carefully read the grant guidelines and requirements and consult with the administration, SLT and SONJ with any questions. **It is important the liaison completing this application is an administrator or has obtained school administration approval before submitting the application.** District applications are required to have a district liaison and a school liaison for each school included on the grant application. It is expected that the school and district liaisons will communicate with each other regarding the Unified Schools and Unified Sports programs happening in their school(s)/district.

**Step 3: Convene the School Leadership Team to Establish Goals, Activities and Budget:** Bring together SLT members to discuss your school or district plan: how will your school establish a Unified Club, what Unified Sports activities can you successfully implement, how will you incorporate Whole School Engagement events like Respect Weeks and Pep Rallies. Estimating costs for these activities will determine the appropriate funding level. Keep in mind, it is fine to start small with a plan to build over time.

**Step Four: Select Funding Level:** Based on your SLT planning session, determine if you will submit an individual school grant application or a district grant application for three or more schools. Based on the activities you identify and budget for, select the appropriate funding level and the matching funds or fundraisers you will conduct to help cover expenses.

**Step Five: Complete Application and Budget Workbook:** Write your responses to all questions in a WORD Doc. and SAVE. Then, submit the answers to your questions when prompted, on the application. Submit your Budget Workbook when prompted, on the application.

**Step Six: Plan Ahead for Next Year:** Determine what Unified Sports and Unified Club activities you will be undertaking so you can put logistics in place now. Think about what actions need to be taken this spring before school gets out to secure needed fields or gym space, ensure students have sports physicals, post Adviser and Coach positions, gain Board approval, secure transportation etc. If you plan to participate in Shriver Cup Unified Soccer in the fall, look now to recruit your players and make sure parents are informed to complete school physicals over the summer.

## Filling in the Application Form

### Application Checklist to Submit to SONJ:

- Completed *District Information, School Information and School Leadership Team* sections and *Project Description (application questions)* for each school requesting funding.
- Completed *Budget Workbook* with projected expenses and budget justification pages.

### FOR DISTRICT LEVEL APPLICATIONS:

Complete the Grant Application and attached Budget Workbook for the entire district program, **identifying the goals and budget specifics for each school when answering each question.** Individual project summaries can be attached. Use the budget justification to break down the costs that will be allocated to each school in each category.

By initialing below, I am stating I have read, agree to follow and enforce the above information and/or guidelines.

**Diana Pielech**

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## Partnership Agreement

As the recipient of a Play Unified Grant, your district/school agrees to:

- Identify a School Leadership Team and School Liaison to support implementation and facilitate communication with SONJ.
- Implement **at least one activity in all three** Unified Champion School components, including Unified Sports, establishing a Unified Club and holding a Whole School Engagement event.
- **Provide regular monthly reports to SONJ highlighting progress and participation numbers, as well as a mid-term and final report by stated deadlines.**
- Develop and implement a long-term sustainability plan to ensure that some Unified programs will continue without SONJ grant support.
- Participate in professional development opportunities offered by SONJ.

- Carry out at least one fundraising activity, such as the Cool School Challenge Polar Plunge or a school-based fundraiser.
- Send a School Liaison or Adviser and a minimum of 2 youth leaders to a minimum of one SONJ Youth Leadership Summit and training.
- Hold at least one School Leadership Team meeting to discuss plan for 2017-2018 following grant award.
- Complete and adhere to approved budget and follow the acceptable spending guidelines outlined in Grant Award Letter.

By initialing below, I am stating I have read, agree to follow and enforce the above information and/or guidelines.

**DP**

Full Name of Person Completing Form

**Diana Pielech**

Email

**[dpielech@twpunionschools.org](mailto:dpielech@twpunionschools.org)**

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### **Grant Application Cover Sheet**

#### **District & School(s) Information, School Leadership Team(s)**

*Due on or before Friday, August 11, 2017*

Application Type	Application Duration
<b>School</b>	<b>One Year</b>

**District Information**

District Name  
**Township of Union**

**PLEASE READ:**

In order for your application to be considered complete, you must include contact information for the Superintendent **OR** Assistant Superintendent, the Director of Athletics **OR** Director of Health & Physical Education **AND** the Director of Special Services. With this in consideration, **you must have at least three contacts completed in this section.**

**Please enter the contact information for the individual who will serve as your District Liaison FIRST.** This individual should know what is happening with ALL Play Unified Schools related activities, for all schools involved.

**Contact Information**

First Name	Last Name	Email	Phone	Title/Position
Joseph	Seugling	jseugling@twpunionschools.org		Supervisor Special Services

To add the **TWO REQUIRED** additional district contacts, please click "*Add another district contact*" above.

**School Information**

Name of School	School Address	City	Zip Code	School Level	Demographics	Number of Years as a Play Unified School	School Enrollment
Burnet Middle School	1000 Caldwell Ave	Union	07083	Middle	Suburban	4	1200

**School Leadership Team**

**PLEASE READ:**

Please complete the following for each school included in your application.

As part of your Grant Application, **you are required to put a School Leadership Team in place.** This team will consist of the liaison, club adviser, principal and faculty from each of the following departments: Athletics/P.E., Special Services, General Education, Anti-bully/School Safety/Guidance, etc.

In order for your application to be considered complete, you **MUST** include contact information for the Primary Contact (liaison), principal, an athletics/P.E. member, a Special Services member **AND** at least one additional member.

If you have contact information for additional members at this time, please include that in the Additional Member(s) section.

**School Leadership Team**

**Primary Contact (Liaison)**

First Name	Last Name	Email	Phone Number	Title/Position at School
Diana	Pielech	dpielech@twpunionschools.org		Teacher - School Liaison

**Principal**

First Name	Last Name	Email Address
Raymond	Salvatore	rsalvatore@twpunionschools.org

**Athletics/P.E. Member**

First Name	Last Name	Email Address
Amanda	Flisler	aflisler@twpunionschools.org

**Special Services Member**

First Name	Last Name	Email Address
Joseph	Seugling	jseugling@twpunionschools.org

## Project Description

### PLEASE READ:

Please complete the Project Description questions provided below. A copy of the Project Description questions can also be found on [sonjplayunified.org](http://sonjplayunified.org) under the Resources tab. Once you have completed the Project Description questions, please **SAVE** and **UPLOAD** the file below to submit it as part of your application.

**District applicants should complete ONE Project Description document. However, the specific goals and objectives for EACH SCHOOL should be included in the responses.**

**Below are the Project Description questions you are required to answer. Please copy and paste the questions below into a Word document to complete:**

1. Question 1 is to be completed below (checkboxes).
2. Identify your Play Unified goals for 2017-2018 and the activities you will implement to achieve them.
3. How do you plan to implement your Unified Club, and what support will you provide your students in carrying out their Play Unified programs?
4. How will you fulfill the Unified Sports component? What levels: Play Unified Club Interscholastic, Shriver Cup tournaments, NJSIAA Interscholastic Basketball and/or Track & Field, Intramurals, Intra-district? What sports will you participate in, what challenges do you anticipate and how will you address them?
5. What is your plan for engaging your whole school? How will you incorporate the Respect Week campaign?
6. Is your school currently involved in a Special Olympics New Jersey program? If so, how?
7. Describe your plan for long-term sustainability. How will you support the Unified Champion School activities when SONJ funding ends?
8. Do you plan on collaborating or playing other schools in your district or area? If so, explain how.
9. If there are no other schools in your district currently participating, will you try to collaborate with them to expand the Unified Schools program? How do you plan to make that happen?
10. What are your plans for fundraising? Will you participate in the Cool School

Diana Pielech  
Burnet Middle School  
Township of Union

1. Identify your Play Unified goals for 2017-2018 and the activities you will implement to achieve them.
  - a. Our Goal at Burnet Middle School is to completely implement our Unified Club, Unified Intramurals, Junior Division Sports, Respect Week, Club Fundraising, Polar Plunge, Club Intradistrict, Leadership Committee and Fans in the Stands.
  - b. We will Develop our club, Leadership Committee and Teacher Committee. We will meet during our professional development days to plan and coordinate district wide programs. We will have students apply for Unified Sports and be selected through an interview process. We will continue to work with our Athletic Director & Special Education Supervisor to implement all activities, sport events and fundraisers.
2. How do you plan to implement your Unified Club, and what support will you provide your students in carrying out their Play Unified programs?
  - a. Burnet Middle School currently has a huge Play Unified Club. We have a very strong base of students involved in our Unified Club and intradistrict activities. We have a very great group of kids who help plan our school and community events as well as our Respect week & Pep Rally. Throughout this year we have fundraised over \$1,000 to help with Jersey's and equipment needed to implement our Intramural & Junior Divisions for next year at our school. We have met with the Special Education and Physical Education Supervisors to help with stipends, transportation and field/gym availability for next year.
3. How will you fulfill the Unified Sports component? What levels: Play Unified Club Interscholastic, Shriver Cup tournaments, NJSIAA Interscholastic Basketball and/or Track & Field, Intramurals, Intra-district? What sports will you participate in, what challenges do you anticipate and how will you address them?
  - a. Burnet will practice two – three days a week after school at Burnet Middle School. We will have our coaches paid through district Coaching Money, After School Para-Professional Pay and the Play Unified Coaching Stipend. Burnet hopes to participate in Shriver Cup Soccer, Bowling and Basketball. We also hope to get involved with Volleyball and Track & Field. The Intramural & Junior Division sports have already been approved. We have thirty kids who have filled out our application to participate in Unified Sports and are working on our disabled sports physical so that all students are cleared by the school doctor.
4. What is your plan for engaging your whole school? How will you incorporate the Respect Week campaign?

We will continue our respect campaign as we have in the past. We will have a week long spirit week which takes place in May. We also will create a video having all students talking about Respect and understanding other's differences. We have had many teachers volunteer to help shoot our video which impacted our whole school last year. Students have been extremely receptive to our Respect Campaigns and look forward to our Spirit Week Activities, Events and Prizes to "Pledge to Respect." We will also end this year's Respect Week with a Unified Track Day inviting local high schools to participate in our event.

5. Is your school currently involved in a Special Olympics New Jersey program? If so, how?

Describe your plan for long-term sustainability. How will you support the Unified Champion School activities when SONJ funding ends?

6. Our school has become involved with Officer Michael Boll who is very involved with Special Olympics. He has provided us with many community members who support our message. We have several bake sales and fundraisers throughout the year. We also receive financial supports from Special Services and our Athletic Department. This year we will request a \$1,500 coaching stipend, however next year we will plan for a Head and Assistant Unified Coach Stipend.

7. Do you plan on collaborating or playing other schools in your district or area? If so, explain how.

a. Yes, we have been in contact with Cranford and Elizabeth for possible events for next year.

8. If there are no other schools in your district currently participating, will you try to collaborate with them to expand the Unified Schools program? How do you plan to make that happen?

a. We have four schools involved in this grant. Burnet Middle School's focus is to really get our sports programs up and running. This has to be building based. We will work hard at expanding our program in hopes that the other schools will follow our lead.

9. What are your plans for fundraising? Will you participate in the Cool School Challenge Polar Plunge?

a. Bake Sales, Christmas Wrapping Paper Sales, Local Donations and other Unified fundraising ideas.

b. Teachers hope to create a Polar Plunge team this year trying to get our staff involved in our Unified Message.



Challenge Polar Plunge?

## Three-Year Grant Applicants: Additional Questions

1. Describe your three-year goals and plan for phasing in programming over the three-year period. How will you determine which Unified Schools initiatives are sustainable and how will you secure needed funding to supplement and replace your grant award.
2. Include in your budget the amounts you are requesting for three years. The request should be reduce over the three years with a plan for sustainability in Year 4.

Upload your answers to the Project Description questions here:

**Play Unified Grant 2017-2018 Questions.docx**

## **Initiative Descriptions**

***Please read the following before you select which initiatives you will implement in the checkbox question below.***

### **Youth Leadership Committee**

The Youth Leadership Committee is made up of young people, where members of the committee work together over the course of the year to develop strategies to promote school communities where all young people are agents of change. The Youth Leadership Committee uses a wide variety of tools to communicate effectively, such as e-mail, conference calls, Facebook, state summits and state rallies to educate, motivate and advocate for the respect, inclusion and acceptance of all people, regardless of abilities.

### **Youth Leadership Summits**

SONJ held Youth Leadership Summits bring youth leaders together for leadership training, networking and team building. Youth Summits are held throughout the year, across the state. The leadership activities done at Youth Summits help students with and without intellectual disabilities find their voices by teaching them to become change agents striving for respect and inclusion. Youth Summits are a great place to plan what club members would like to do in their Play Unified Club and plan what changes they would like to see at their school.

### **Adaptive Physical Education Class**

The adapted physical education program includes the same concepts, skills and content as the general physical education program, however it applies differentiated instruction, teaching strategies, equipment and assessments specially designed to meet the needs of students with different abilities.

### **Learn. Practice. Play. UNIFIED. Inclusive Physical Education Class**

Create an inclusive P.E. program where all students have access to a fun, positive and meaningful experience. Introduce an equitable peer partner strategy, where all students participate as teammates and leaders. Professional development for staff is available upon request.

### **Unified P.E. Elective Course**

SONJ, in collaboration with the NJAHPERD (New Jersey Association for Health, Physical Education, Recreation and Dance) and the NJDOE (New Jersey Department of Education), created a Unified P.E. elective course. A Unified P.E. elective course offers general education students a Unified P.E. option for credit.

### **Unified Pals**

Mainly for elementary schools, but can serve as Best Buddies or Partner Club to pair students with and without disabilities one-to-one for school activities.

School Project Description

<p>School Name</p> <p><b>Burnet Middle School</b></p>	<p>1. Which Special Olympics initiatives will be implemented in your school/district? Please check all initiatives you plan to implement. The appropriate school level(s) is found in parentheses.</p> <p><b>- Youth Leadership Committee (REQUIRED FOR MIDDLE/HIGH SCHOOLS)</b></p> <p><b>- Adaptive Physical Education Class (ALL schools)</b></p> <p><b>- Junior Division Sports (GRADES 3 - 6) (Elementary/Middle schools)</b></p> <p><b>- Respect Campaign/Anti-bullying /Ability Awareness Fair (ALL schools)</b></p> <p><b>- Club Fundraising (ALL schools)</b></p> <p><b>- Cool School Polar Plunge Challenge (ALL schools)</b></p> <p><b>- Play Unified Club Intramurals (Middle/High schools)</b></p> <p><b>- Play Unified Club Intra-District (Middle/High schools)</b></p>	<p>Please check which Junior Division sports you will implement in your school/district. Please check all that apply:</p> <p><b>- Soccer (October 2017)</b></p> <p><b>- Basketball (February - March 2018)</b></p>
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**FOR DISTRICT APPLICATIONS:**

To add another school that is included in your district application, please click "Add another school project description" above. You **MUST** click this to add as many schools that are included in your application.

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## Budget

**PLEASE READ:**

Please complete the Budget Workbook emailed to you. A copy of the Budget Workbook can also be found at [sonjplayunified.org](http://sonjplayunified.org) under the Resources tab. Once you have completed the Budget Workbook, please **SAVE** and **UPLOAD** the file here to submit it with your application.

Upload Budget Workbook here  
**Play Unified Grant 2017-2018 Budget.docx**

Please include the totals for each of the categories on your Budget Workbook below. These totals must also be on your Budget Workbook.

**Coach Stipends**

Total Amount Requested - Coach Stipends

**\$1500**

*Coach Stipends - \$1,500 per sport; \$2,000 for two coaches per sport. Requires a minimum of 6 practices with culmination competition.*

**Adviser Stipends**

Total Amount Requested - Adviser Stipends

**0**

*Adviser Stipends - \$500 for one adviser per school club for one school year.*

**Transportation**

Total Amount Requested - Transportation

**0**

*Transportation - to and from Unified Sports practices and competitions, as well as SONJ Youth Summits or events. **This does not include transportation to Unified Game Days or non-approved Unified trips.***

**Facility Rental**

Total Amount Requested - Facility Rental

**0**

*Facility Rental - for developmental, recreational or competitive Unified Sports and youth leadership events.*

**Fees**

Total Amount Requested - Fees

**0**

*Fees - costs related to running or participating in Unified Sports, or events directly related to the Play Unified movement.*

**Supplies**

Total Amount Requested - Supplies

**0**

*Supplies - club activity and sports supplies; limited at \$500 per school.*

**T-shirts**

Total Amount Requested - T-shirts

**0**

*T-shirts - **club shirts for only the members of your Play Unified club.** Respect Campaign shirts are provided outside your grant by SONJ, up to 50 shirts. **Additional Respect Campaign shirts over 50 will be charged to your grant.** Grant T-shirt funds cannot pay for T-shirts for fundraisers or to be sold.*

**Equipment**

Total Amount Requested - Equipment

0

*Equipment - directly related to your Unified Sports and Inclusive Physical Education program. The grant does not pay for capital equipment.*

**Posters or Banners**

Total Amount Requested - Posters or Banners

0

*Posters or Banners - to be used for Play Unified club activities.*

**Water/Snacks**

Total Amount Requested - Water/Snacks

0

*Water/Snacks - for Unified Sports events and club meetings; **all food purchases MUST be pre-approved by SONJ.***

**Uniforms**

Total Amount Requested - Uniforms

0

*Uniforms - for Play Unified school-based sports only, not to be used for SONJ LTP (Local Training Program) programs. We are not able to reimburse any additional apparel purchases for sweatshirts, sweatpants, etc.*

**Program Cost Share**

Total Amount Requested - Program Cost Share

**1000-5000 in transportation**

*Program Cost Share - any contribution your school makes to the Play Unified initiatives including space, maintenance, officials, food, uniforms, t-shirts, equipment, etc.*

Total Amount Requested

**\$1500**

**Attached Files:**

- Play Unified Grant 2017-2018 Questions.docx (16 KB)
- Play Unified Grant 2017-2018 Budget.docx (13 KB)

BMS 17-18

Budget Outline

Bowling Trip February 9:30-1:30	Bust Cost \$55 @ 5 Hours x 2	Final Cost \$550 (Special Services)
Shriver Cup Event – Fall	Bust Cost \$55 @ 5 Hours x 2	Final Cost \$550(Special Services)
Play Unify Bowling November	Bust Cost \$55 @ 5 Hours	Final Cost \$550(Special Services)
Rutgers Field Day – Spring	Bust Cost \$55 @ 5 Hours x 2	Final Cost \$550(Special Services)
Youth Leadership Committee	Bust Cost \$55 @ 5 Hours x 2	Final Cost \$550 (Special Services)
Shrive Cup Event Spring	Bust Cost \$55 @ 5 Hours x 2	Final Cost \$550(Special Services)
Respect Week Campaign Guest Speaker	Free	Free
Pizza For Field Day	100	BOE Approved Donations
Refreshments for Field Day & Trips	100	BOE Approved Donations
Project Unify Club T-Shirts Field Day	Not Included	Not Included
Project Unify Respect Week Banner	Not Included	Not Included
Sports Jerseys For Sports Events		BOE Donations
Coaching Stipend	Head Coach \$3,000	Athletic BMS Intramural Money
Assistant Coaching Stipend	Assistant \$1500	Play Unified Grant
Para (As Per IEP) after School Activities	As Per IEP	Special Services

★  
Grant

Diana Pielech  
Burnet Middle School  
Township of Union Play Unified Grant

2017-2018 Budget

\$1500 – Coaching Stipend

## Burnet Middle School Play Unified Grant Plan

### Step 1:

BMS (Special Olympic) Unified Club. (100 members)

Meets 1 – 2 times a month after school on Fridays

Meets every day during homeroom – (socialize with peers,  
play games, create friendships)

### Step 2 –

BMS Play Unified Leadership Committee (20 disabled / non-  
disabled peers)

Plans Respect Week

Fundraising

Teacher Polar Plunge

Field Day

Fans in Stands

Respect Week Video / Assembly

Social Events

Lunch Mates

### Step 3

BMS Unified Intramural Sports

2-3 days after school

Soccer, Basketball, Volleyball, Bowling, Track & Field

Application / Interview

Sports Physicals Spec Ed (TBD meeting w. Ms. Ionta)

### Step 4

Shriver Cup / Junior Scholastic Sports / Intra-district Sports

### Step 5



District Wide Field Day / Respect Week = School & Community  
Awareness of Unified Sports  
Budget / Funding / Fundraising

Transportation –

Special Services as Per Pre Approved Events / Requests / Sporting  
Events

Coaching Stipends -

Head Coach Stipend (Athletics) \$3000

Assistant Coach Stipend (Grant) \$1500

Para – Stipend (Special Services) (as per IEPs)

Fundraising – Bake Sale, Donations, Christmas Wrapping, Plant Sales  
ect.

# Athlete Medical Form – HEALTH HISTORY

(pages 1 & 2 to be completed by the athlete or parent/guardian/caregiver)

Special  
Olympics



REGION/AREA: \_\_\_\_\_

DELEGATION/TEAM: \_\_\_\_\_

## ATHLETE INFORMATION

First Name: \_\_\_\_\_ Middle Name: \_\_\_\_\_

Last Name: \_\_\_\_\_

Date Birth (mm/dd/yyyy): \_\_\_\_\_ Female:  Male:

Address (Street): \_\_\_\_\_

Address (City, State, Zip): \_\_\_\_\_

Phone: \_\_\_\_\_ Cell: \_\_\_\_\_

E-mail: \_\_\_\_\_

Eye color: \_\_\_\_\_ Ethnicity: (optional) \_\_\_\_\_

Athlete Employer, if any: \_\_\_\_\_

I am my own guardian.  Yes  No

Does the athlete have (check any that apply):

- Autism
- Down syndrome
- Fragile X Syndrome
- Cerebral Palsy
- Fetal Alcohol Syndrome
- Other syndrome, please specify: \_\_\_\_\_

Is the athlete allergic to any of the following (please list):

- Latex
- No Known Allergies
- Medications: \_\_\_\_\_
- Insect Bites or Stings: \_\_\_\_\_
- Food: \_\_\_\_\_

List any special dietary needs:

List all past surgeries:

Does the athlete currently have any chronic or acute infection?  
 No  Yes if yes, please describe: \_\_\_\_\_

Has the athlete ever had an abnormal Electrocardiogram (EKG) or Echocardiogram (Echo)? If yes, select below and describe  
 Yes, had abnormal EKG  Yes, had abnormal Echo

## PARENT / GUARDIAN INFORMATION (if not own guardian)

Name: \_\_\_\_\_

Phone: \_\_\_\_\_ Cell: \_\_\_\_\_

E-mail: \_\_\_\_\_

Emergency Contact Name: \_\_\_\_\_ Same as Above:

Emergency Contact Phone (cell): \_\_\_\_\_

Emergency Contact Relationship: \_\_\_\_\_

Does the athlete have a primary care physician?  Yes  No If yes, list:

Physician Name: \_\_\_\_\_ Physician Phone: \_\_\_\_\_

Insurance Policy (Company and Number): \_\_\_\_\_

Does the athlete have any objections to emergency medical care?  
 No  Yes If yes, contact your local Program to get the Emergency Care Refusal Form.

List any sports the athlete wishes to play:

Has a doctor ever limited the athlete's participation in sports?  
 No  Yes If yes, please describe: \_\_\_\_\_

Does the athlete use (check any that apply):

- Brace
- Colostomy
- Communication Device
- C-PAP Machine
- Crutches or Walker
- Dentures
- Glasses or Contacts
- G-Tube or J-Tube
- Hearing Aid
- Implanted Device
- Inhaler
- Pacemaker
- Removable Prosthetics
- Splint
- Wheel Chair

Has the athlete had a Tetanus vaccine in the past 7 years?  No  Yes

## FAMILY HISTORY

Has any relative died of a heart problem before age 50?  No  Yes

Has any family member or relative died while exercising?  No  Yes

List all medical conditions that run in the athlete's family:

# Athlete Medical Form – HEALTH HISTORY

(pages 1 & 2 to be completed by athlete or parent/guardian/caregiver)



Athlete's Name:

## HAS THE ATHLETE EVER BEEN DIAGNOSED WITH OR EXPERIENCED ANY OF THE FOLLOWING CONDITIONS

- |  |  |                     |  |                    |  |
|--|--|---------------------|--|--------------------|--|
| Loss of Consciousness                        | <input type="checkbox"/> No <input type="checkbox"/> Yes | High Blood Pressure | <input type="checkbox"/> No <input type="checkbox"/> Yes | Stroke/TIA         | <input type="checkbox"/> No <input type="checkbox"/> Yes |
| Dizziness during or after exercise           | <input type="checkbox"/> No <input type="checkbox"/> Yes | High Cholesterol    | <input type="checkbox"/> No <input type="checkbox"/> Yes | Concussions        | <input type="checkbox"/> No <input type="checkbox"/> Yes |
| Headache during or after exercise            | <input type="checkbox"/> No <input type="checkbox"/> Yes | Vision Impairment   | <input type="checkbox"/> No <input type="checkbox"/> Yes | Asthma             | <input type="checkbox"/> No <input type="checkbox"/> Yes |
| Chest pain during or after exercise          | <input type="checkbox"/> No <input type="checkbox"/> Yes | Hearing Impairment  | <input type="checkbox"/> No <input type="checkbox"/> Yes | Diabetes           | <input type="checkbox"/> No <input type="checkbox"/> Yes |
| Shortness of breath during or after exercise | <input type="checkbox"/> No <input type="checkbox"/> Yes | Enlarged Spleen     | <input type="checkbox"/> No <input type="checkbox"/> Yes | Hepatitis          | <input type="checkbox"/> No <input type="checkbox"/> Yes |
| Irregular, racing or skipped heart beats     | <input type="checkbox"/> No <input type="checkbox"/> Yes | Single Kidney       | <input type="checkbox"/> No <input type="checkbox"/> Yes | Urinary Discomfort | <input type="checkbox"/> No <input type="checkbox"/> Yes |
| Congenital Heart Defect                      | <input type="checkbox"/> No <input type="checkbox"/> Yes | Osteoporosis        | <input type="checkbox"/> No <input type="checkbox"/> Yes | Spina Bifida       | <input type="checkbox"/> No <input type="checkbox"/> Yes |
| Heart Attack                                 | <input type="checkbox"/> No <input type="checkbox"/> Yes | Osteopenia          | <input type="checkbox"/> No <input type="checkbox"/> Yes | Arthritis          | <input type="checkbox"/> No <input type="checkbox"/> Yes |
| Cardiomyopathy                               | <input type="checkbox"/> No <input type="checkbox"/> Yes | Sickle Cell Disease | <input type="checkbox"/> No <input type="checkbox"/> Yes | Heat Illness       | <input type="checkbox"/> No <input type="checkbox"/> Yes |
| Heart Valve Disease                          | <input type="checkbox"/> No <input type="checkbox"/> Yes | Sickle Cell Trait   | <input type="checkbox"/> No <input type="checkbox"/> Yes | Broken Bones       | <input type="checkbox"/> No <input type="checkbox"/> Yes |
| Heart Murmur                                 | <input type="checkbox"/> No <input type="checkbox"/> Yes | Easy Bleeding       | <input type="checkbox"/> No <input type="checkbox"/> Yes | Dislocated Joints  | <input type="checkbox"/> No <input type="checkbox"/> Yes |
| Endocarditis                                 | <input type="checkbox"/> No <input type="checkbox"/> Yes |                     |  |                    |  |

- Difficulty controlling bowels or bladder  No  Yes  
*If yes, is this new or worse in the past 3 years?*  No  Yes
- Numbness or tingling in legs, arms, hands or feet  No  Yes  
*If yes, is this new or worse in the past 3 years?*  No  Yes
- Weakness in legs, arms, hands or feet  No  Yes  
*If yes, is this new or worse in the past 3 years?*  No  Yes
- Numb, stinger, pinched nerve or pain in the neck, back, shoulders, arms, hands, buttocks, legs or feet  No  Yes  
*If yes, is this new or worse in the past 3 years?*  No  Yes
- Head Tilt  No  Yes  
*If yes, is this new or worse in the past 3 years?*  No  Yes
- Spasticity  No  Yes  
*If yes, is this new or worse in the past 3 years?*  No  Yes
- Paralysis  No  Yes  
*If yes, is this new or worse in the past 3 years?*  No  Yes

Describe any past broken bones or dislocated joints (if yes is checked for either of those fields above):

Epilepsy or any type of seizure disorder  No  Yes

*If yes, list seizure type:*

*If yes, had seizure during the past year?*  No  Yes

Self-Injurious behavior during the past year  No  Yes

Aggressive behavior during the past year  No  Yes

Depression (diagnosed)  No  Yes

Anxiety (diagnosed)  No  Yes

Describe any additional mental health concerns:

List any other ongoing or past medical conditions:

## PLEASE LIST ANY MEDICATION, VITAMINS OR DIETARY SUPPLEMENTS BELOW (includes inhalers, birth control or hormone therapy)

Medication, Vitamin or Supplement	Dosage	Times per Day	Medication, Vitamin or Supplement	Dosage	Times per Day	Medication, Vitamin or Supplement	Dosage	Times per Day

Is the athlete able to administer his or her own medications?  No  Yes    If female athletes, list date of last menstrual period:

Name of Person Completing this Form \_\_\_\_\_ Relationship to Athlete \_\_\_\_\_ Phone \_\_\_\_\_ Email \_\_\_\_\_

# Athlete Medical Form - PHYSICAL EXAM

(to be completed by a Medical Professional only)



Athlete's Name:

## MEDICAL PHYSICAL INFORMATION (TO BE COMPLETED BY EXAMINER ONLY)

Height	Weight	BMI (optional)	Temperature	Pulse	O <sub>2</sub> Sat	Blood Pressure	Vision
<input type="text"/> cm	<input type="text"/> kg	<input type="text"/> BMI	<input type="text"/> C	<input type="text"/>	<input type="text"/>	BP Right: <input type="text"/> BP Left: <input type="text"/>	Right Vision <input type="checkbox"/> No <input type="checkbox"/> Yes <input type="checkbox"/> N/A 20/40 or better
<input type="text"/> in	<input type="text"/> lbs	<input type="text"/> Body Fat %	<input type="text"/> F	<input type="text"/>	<input type="text"/>		Left Vision <input type="checkbox"/> No <input type="checkbox"/> Yes <input type="checkbox"/> N/A 20/40 or better

Right Hearing (Finger Rub) <input type="checkbox"/> Responds <input type="checkbox"/> No Response <input type="checkbox"/> Can't Evaluate	Bowel Sounds <input type="checkbox"/> Yes <input type="checkbox"/> No
Left Hearing (Finger Rub) <input type="checkbox"/> Responds <input type="checkbox"/> No Response <input type="checkbox"/> Can't Evaluate	Hepatomegaly <input type="checkbox"/> No <input type="checkbox"/> Yes
Right Ear Canal <input type="checkbox"/> Clear <input type="checkbox"/> Cerumen <input type="checkbox"/> Foreign Body	Splenomegaly <input type="checkbox"/> No <input type="checkbox"/> Yes
Left Ear Canal <input type="checkbox"/> Clear <input type="checkbox"/> Cerumen <input type="checkbox"/> Foreign Body	Abdominal Tenderness <input type="checkbox"/> No <input type="checkbox"/> RUQ <input type="checkbox"/> RLQ <input type="checkbox"/> LUQ <input type="checkbox"/> LLQ
Right Tympanic Membrane <input type="checkbox"/> Clear <input type="checkbox"/> Perforation <input type="checkbox"/> Infection <input type="checkbox"/> NA	Kidney Tenderness <input type="checkbox"/> No <input type="checkbox"/> Right <input type="checkbox"/> Left
Left Tympanic Membrane <input type="checkbox"/> Clear <input type="checkbox"/> Perforation <input type="checkbox"/> Infection <input type="checkbox"/> NA	Right upper extremity reflex <input type="checkbox"/> Normal <input type="checkbox"/> Diminished <input type="checkbox"/> Hyperreflexia
Oral Hygiene <input type="checkbox"/> Good <input type="checkbox"/> Fair <input type="checkbox"/> Poor	Left upper extremity reflex <input type="checkbox"/> Normal <input type="checkbox"/> Diminished <input type="checkbox"/> Hyperreflexia
Thyroid Enlargement <input type="checkbox"/> No <input type="checkbox"/> Yes	Right lower extremity reflex <input type="checkbox"/> Normal <input type="checkbox"/> Diminished <input type="checkbox"/> Hyperreflexia
Lymph Node Enlargement <input type="checkbox"/> No <input type="checkbox"/> Yes	Left lower extremity reflex <input type="checkbox"/> Normal <input type="checkbox"/> Diminished <input type="checkbox"/> Hyperreflexia
Heart Murmur (supine) <input type="checkbox"/> No <input type="checkbox"/> 1/6 or 2/6 <input type="checkbox"/> 3/6 or greater	Abnormal Gait <input type="checkbox"/> No <input type="checkbox"/> Yes, describe below
Heart Murmur (upright) <input type="checkbox"/> No <input type="checkbox"/> 1/6 or 2/6 <input type="checkbox"/> 3/6 or greater	Spasticity <input type="checkbox"/> No <input type="checkbox"/> Yes, describe below
Heart Rhythm <input type="checkbox"/> Regular <input type="checkbox"/> Irregular	Tremor <input type="checkbox"/> No <input type="checkbox"/> Yes, describe below
Lungs <input type="checkbox"/> Clear <input type="checkbox"/> Not clear	Neck & Back Mobility <input type="checkbox"/> Full <input type="checkbox"/> Not full, describe below
Right Leg Edema <input type="checkbox"/> No <input type="checkbox"/> 1+ <input type="checkbox"/> 2+ <input type="checkbox"/> 3+ <input type="checkbox"/> 4+	Upper Extremity Mobility <input type="checkbox"/> Full <input type="checkbox"/> Not full, describe below
Left Leg Edema <input type="checkbox"/> No <input type="checkbox"/> 1+ <input type="checkbox"/> 2+ <input type="checkbox"/> 3+ <input type="checkbox"/> 4+	Lower Extremity Mobility <input type="checkbox"/> Full <input type="checkbox"/> Not full, describe below
Radial Pulse Symmetry <input type="checkbox"/> Yes <input type="checkbox"/> R>L <input type="checkbox"/> L>R	Upper Extremity Strength <input type="checkbox"/> Full <input type="checkbox"/> Not full, describe below
Cyanosis <input type="checkbox"/> No <input type="checkbox"/> Yes, describe	Lower Extremity Strength <input type="checkbox"/> Full <input type="checkbox"/> Not full, describe below
Clubbing <input type="checkbox"/> No <input type="checkbox"/> Yes, describe	Loss of Sensitivity <input type="checkbox"/> No <input type="checkbox"/> Yes, describe below

### ATLANTO-AXIAL INSTABILITY (AAI)

- Athlete shows **NO EVIDENCE** of neurological symptoms or physical findings associated with spinal cord compression or atlantoaxial instability.
- Athlete has neurological symptoms or physical findings that could be associated with spinal cord compression or atlantoaxial instability and **must receive an additional neurological evaluation** to rule out additional risk of spinal cord injury prior to clearance for sports participation.

### RECOMMENDATIONS (TO BE COMPLETED BY EXAMINER ONLY)

Licensed Medical Examiners: It is recommended that the examiner review items on the medical history with the athlete or their guardian, prior to performing the physical exam. If an athlete needs further medical evaluation please use the Special Olympics Further Medical Evaluation Form, page 4, to provide the athlete with medical clearance.

This athlete is **ABLE** to participate in Special Olympics sports without restrictions/limitations

This athlete is **ABLE** to participate in Special Olympics sports **WITH** restrictions/limitations →

This athlete **MAY NOT** participate in Special Olympics sports at this time and **MUST** be further evaluated by a physician for the following concerns:

<input type="checkbox"/> Concerning Cardiac Exam	<input type="checkbox"/> Acute Infection	<input type="checkbox"/> O <sub>2</sub> Saturation Less than 90% on Room Air
<input type="checkbox"/> Concerning Neurological Exam	<input type="checkbox"/> Stage II Hypertension or Greater	<input type="checkbox"/> Hepatomegaly or Splenomegaly
<input type="checkbox"/> Other, please describe: <input type="text"/>		

### Additional Licensed Examiner's Notes and Recommended Follow-up:

- |   |  |   |
|---|--|---|
| <input type="checkbox"/> Follow up with a cardiologist          | <input type="checkbox"/> Follow up with a neurologist        | <input type="checkbox"/> Follow up with a primary care physician      |
| <input type="checkbox"/> Follow up with a vision specialist     | <input type="checkbox"/> Follow up with a hearing specialist | <input type="checkbox"/> Follow up with a dentist or dental hygienist |
| <input type="checkbox"/> Follow up with a podiatrist            | <input type="checkbox"/> Follow up with a physical therapist | <input type="checkbox"/> Follow up with a nutritionist                |
| <input type="checkbox"/> Other/Exam Notes: <input type="text"/> |  |   |

Name:

E-mail:

Licensed Medical Examiner's Signature

Date of Exam

Phone:

License:

**Athlete Medical Form – MEDICAL REFERRAL FORM**  
(to be completed by a Medical Professional only if referral is needed)



Athlete's Name:

This page only needs to be completed and signed if the physician on page three does not clear the athlete and indicates follow-up is required. Athlete should bring the previously completed pages to the appointment with the specialist.

Examiner's Name:

Specialty:

I have examined this athlete for the following medical concern(s):  
Please describe

In my professional opinion, this athlete **MAY** participate in Special Olympics sports (Indicate restrictions or limitations below):

Yes, without restrictions       Yes, but with restrictions (list below)       No

Additional Examiner Notes/Restrictions:

Examiner E-mail:

Examiner Phone:

License:

Examiner's Signature

Date

**This section to be completed by Special Olympics staff only, if applicable.**

This medical exam was completed at a MedFest event?       Yes       No

Is the athlete a Unified Partner or a Young Athlete Participant?       Unified Partner       Young Athlete

## Partnership Agreement

As the recipient of a Play Unified Grant, your district/school agrees to:

- Identify a School Leadership Team and School Liaison to support implementation and facilitate communication with SONJ.
- Implement **at least one activity in all three** Unified Champion School components, including Unified Sports, establishing a Unified Club and holding a Whole School Engagement event.
- **Provide regular monthly reports to SONJ highlighting progress and participation numbers, as well as a mid-term and final report by stated deadlines.**
- Develop and implement a long-term sustainability plan to ensure that some Unified programs will continue without SONJ grant support.
- Participate in professional development opportunities offered by SONJ.
- Carry out at least one fundraising activity, such as the Cool School Challenge Polar Plunge or a school-based fundraiser.
- Send a School Liaison or Adviser and a minimum of 2 youth leaders to a minimum of one SONJ Youth Leadership Summit and training.
- Hold at least one School Leadership Team meeting to discuss plan for 2017-2018 following grant award.
- Complete and adhere to approved budget and follow the acceptable spending guidelines outlined in Grant Award Letter.

By initialing below, I am stating I have read, agree to follow and enforce the above information and/or guidelines.

**LAT**

Full Name of Person Completing Form

**Lindsey A Tennen**

Email

**ltennen@twpunionschools.org**

**(Page 8 / 10)**

## Grant Application Cover Sheet

### District & School(s) Information, School Leadership Team(s)

*Due on or before Friday, August 11, 2017*

Application Type	Application Duration
<b>School</b>	<b>One Year</b>

#### District Information

District Name  
**Union Twp Schools**

**PLEASE READ:**

In order for your application to be considered complete, you must include contact information for the Superintendent **OR** Assistant Superintendent, the Director of Athletics **OR** Director of Health & Physical Education **AND** the Director of Special Services. With this in consideration, **you must have at least three contacts completed in this section.**

**Please enter the contact information for the individual who will serve as your District Liaison FIRST.** This individual should know what is happening with ALL Play Unified Schools related activities, for all schools involved.

#### Contact Information

First Name	Last Name	Email	Phone	Title/Position
Joe	Suegling	Jseugling@twpunionschools.org		Supervisor - Special Services District Liaison

To add the **TWO REQUIRED** additional district contacts, please click "Add another district contact" above.

#### School Information

Name of School	School Address	City	Zip Code	School Level	Demographics	Number of Years as a Play Unified School	School Enrollment
<b>Kawameeh Middle School</b>	<b>407 David Terrace</b>	<b>Union</b>	<b>07083</b>	<b>Middle</b>	<b>Suburban</b>	<b>1</b>	<b>400</b>

### School Leadership Team

**PLEASE READ:**

**Please complete the following for each school included in your application.**

As part of your Grant Application, **you are required to put a School Leadership Team in place.** This team will consist of the liaison, club adviser, principal and faculty from each of the following

departments: Athletics/P.E., Special Services, General Education, Anti-bully/School Safety/Guidance, etc.

In order for your application to be considered complete, you **MUST** include contact information for the Primary Contact (Liaison), principal, an athletics/P.E. member, a Special Services member **AND** a least one additional member.

If you have contact information for additional members at this time, please include that in the Additional Member(s) section.

**School Leadership Team**

**Primary Contact (Liaison)**

First Name	Last Name	Email	Phone Number	Title/Position at School
Lindsey	Tennen	ltennen@twpunionschools.org		Autism Teacher - School Liaison

**Principal**

First Name	Last Name	Email Address
Jason	Malanda	Jmalanda@twpunionschools.org

**Athletics/P.E. Member**

First Name	Last Name	Email Address
Dan	Debarbieri	ddebarbieri@twpunionschools.org

**Special Services Member**

First Name	Last Name	Email Address
lindsey	tennen	ltennen@twpunionschools.org

**Additional Member(s)**

First Name	Last Name	Phone	Email	Title/Position	Title/Position If Other
Sue	Zawacki	9088516570	szawacki@twpunionschools.org	- Other	teacher

To add more additional members, please click "Add an additional member" above.



## Project Description

### PLEASE READ:

Please complete the Project Description questions provided below. A copy of the Project Description questions can also be found on [sonjplayunified.org](http://sonjplayunified.org) under the Resources tab. Once you have completed the Project Description questions, please **SAVE** and **UPLOAD** the file below to submit it as part of your application.

**District applicants should complete ONE Project Description document. However, the specific goals and objectives for EACH SCHOOL should be included in the responses.**

**Below are the Project Description questions you are required to answer. Please copy and paste the questions below into a Word document to complete:**

1. Question 1 is to be completed below (checkboxes).
2. Identify your Play Unified goals for 2017-2018 and the activities you will implement to achieve them.
3. How do you plan to implement your Unified Club, and what support will you provide your students in carrying out their Play Unified programs?
4. How will you fulfill the Unified Sports component? What levels: Play Unified Club Interscholastic, Shriver Cup tournaments, NJSIAA Interscholastic Basketball and/or Track & Field, Intramurals, Intra-district? What sports will you participate in, what challenges do you anticipate and how will you address them?
5. What is your plan for engaging your whole school? How will you incorporate the Respect Week campaign?
6. Is your school currently involved in a Special Olympics New Jersey program? If so, how?
7. Describe your plan for long-term sustainability. How will you support the Unified Champion School activities when SONJ funding ends?
8. Do you plan on collaborating or playing other schools in your district or area? If so, explain how.
9. If there are no other schools in your district currently participating, will you try to collaborate with them to expand the Unified Schools program? How do you plan to make that happen?
10. What are your plans for fundraising? Will you participate in the Cool School Challenge Polar Plunge?

### Three-Year Grant Applicants: Additional Questions

1. Describe your three-year goals and plan for phasing in programming over the three-year period. How will you determine which Unified Schools initiatives are sustainable and how will you secure needed funding to supplement and replace your grant award.
2. Include in your budget the amounts you are requesting for three years. The request should be reduce over the three years with a plan for sustainability in Year 4.

Upload your answers to the Project Description questions here:  
**Lindsey Tennen 20172018 KMS Club Unify Grant application.docx**

**Initiative Descriptions**

***Please read the following before you select which initiatives you will implement in the checkbox question below.***

**Youth Leadership Committee**

The Youth Leadership Committee is made up of young people, where members of the committee work together over the course of the year to develop strategies to promote school communities where all young people are agents of change. The Youth Leadership Committee uses a wide variety of tools to communicate effectively, such as e-mail, conference calls, Facebook, state summits and state rallies to educate, motivate and advocate for the respect, inclusion and acceptance of all people, regardless of abilities.

**Youth Leadership Summits**

SONJ held Youth Leadership Summits bring youth leaders together for leadership training, networking and team building. Youth Summits are held throughout the year, across the state. The leadership activities done at Youth Summits help students with and without intellectual disabilities find their voices by teaching them to become change agents striving for respect and inclusion. Youth Summits are a great place to plan what club members would like to do in their Play Unified Club and plan what changes they would like to see at their school.

**Adaptive Physical Education Class**

The adapted physical education program includes the same concepts, skills and content as the general physical education program, however it applies differentiated instruction, teaching strategies, equipment and assessments specially designed to meet the needs of students with different abilities.

**Learn. Practice. Play. UNIFIED. Inclusive Physical Education Class**

Create an inclusive P.E. program where all students have access to a fun, positive and meaningful experience. Introduce an equitable peer partner strategy, where all students participate as teammates and leaders. Professional development for staff is available upon request.

**Unified P.E. Elective Course**

SONJ, in collaboration with the NJAHPERD (New Jersey Association for Health, Physical Education, Recreation and Dance) and the NJDOE (New Jersey Department of Education), created a Unified P.E. elective course. A Unified P.E. elective course offers general education students a Unified P.E. option for credit.

**Unified Pals**

Mainly for elementary schools, but can serve as Best Buddies or Partner Club to pair students with and without disabilities one-to-one for school activities.

**Young Athletes program**

Young Athletes is an inclusive sport and play program for children with and without intellectual disabilities and developmental delays ages 2 - 7 years old. Young Athletes provides children with activities and games that meet their individual skill level and ability levels, while allowing them to play together in a fun and inclusive environment. The program shows that all children should be valued for their talents and abilities. Young Athletes can be used in the preschool or physical education classroom.

### **Junior Division Sports**

Junior Division is a new SONJ training and competition opportunity to meet the needs of emerging athletes grades 3 - 6. By offering modified play and competitions, our hope is to transition younger athletes and improve athlete performance for intramural and interscholastic Unified Sports.

### **Respect Campaign/Anti-bullying/Ability Awareness Fair**

Organize a week of awareness and Unified Sports activities, create a theme for each day to promote your club and engage your entire school in building understanding and inclusion.

### **Invite a SONJ Athlete Global Messenger**

Sargent Shriver Global Messengers are athletes trained in public speaking who then help spread the message and vision of the Movement, as well as the benefits they have gained by participating in Special Olympics. Global Messengers have proven to be the Movement's most effective spokespeople.

### **Club Fundraising**

Encourage Play Unified Club members to think of creative fundraising ideas to help cover the costs of activities/materials not funded by this grant. Make posters, sell treats, and get your school community and local community involved in supporting your club activities and sports programs.

### **Cool School Challenge Polar Plunge**

Earn your bragging rights - and other cool stuff - by participating in this school group challenge at the SONJ Polar Plunge. The school who raises the most money will be crowned "Coolest School" and take home the Cool School Challenge trophy to be displayed at their school. Teams must consist of a minimum of 10 students and each team member must raise \$100.

### **Fans in the Stands**

Fans in the Stands is a program designed to promote unity and encourage students, friends and families to get groups together to make posters, banners or organize pep rallies for Special Olympics teams in their schools and communities.

### **Play Unified Club Intramurals**

Take sports beyond the school day, and establish an after-school/weekend sports club where students can explore and play a variety of sports in a social and inclusive recreational setting. This is a great way to introduce students to team

play and game rules in a less competitive environment. This option often works well for schools that are new to the program and need to gauge the sport interest and skill levels of their students.

### **Play Unified Club Intra-District**

Create a Unified team from your Play Unified club that practices together regularly and then coordinate with other Play Unified schools in your district or area to organize recreational competitions.

### **Play Unified Club Recreation** (*Recreational Mini-Tournaments, Rec Night/Weekends, Unified Recess, School Unified Game Days*)

Students with and without disabilities play together with some modifications and mentoring. Recreational play does not follow any prescribed training, competition and/or team composition requirements.

#### *Unified Recess*

This is a great option for elementary schools. Get your students together on the playground during recess and just let them play! It's a natural way to start breaking down barriers and building friendships. Play Unified Club members can organize inclusive activities and stations during recess.

#### *Unified Game Days*

Celebrate and demonstrate the skills your students have learned in Unified P.E., or offer a fun opportunity for students to interact as teammates by hosting a Unified Game day. These events can be done any time during the school year. SONJ often hosts Unified Game Days throughout the year.

#### *Unified Rec Night/Weekends*

Once a week for 6-8 weeks, schedule a Unified Rec Night for pick up soccer, basketball, volleyball, kickball or any other fun inclusive activity. Host a culminating event at the end of the sessions. The Rec Night should be sponsored and promoted by your Play Unified Club. Unified Rec can be open to all ages and is a great way to also involve the PTOs and families in your district.

#### *Unified Recreational Mini-Tournaments*

Hold Unified Recreational Mini-Tournaments to add a bit of structured competition to your Unified Rec Nights/Weekends or Intramural teams. Mini-Tournaments can even serve as a fundraiser for your Play Unified Club!

### **Play Unified Club Interscholastic**

Create a Unified team from your Play Unified Club that practices together regularly and then coordinate with other Play Unified schools in your district or area to organize recreational competitions.

### **Shriver Cup Championships**

Shriver Cup Championships are SONJ held state competitions in soccer, bowling and basketball for high school Play Unified Club Interscholastic teams and College Unified teams. The Shriver Cups typically have two divisions, one more competitive and one more recreational. Schools self-select which division they would like to compete in.

**NJSIAA Interscholastic Unified Sports**

NJSIAA Interscholastic Unified Sports are regional school and conference competitions. SONJ, in collaboration with the NJSIAA, will offer high schools the opportunity to send Unified teams to play in culminating events at NJSIAA State Championships in select sports. As the first phase in establishing Unified Sports divisions and events, these Unified teams should be organized through your athletic department as school teams. Unified athletes and partners will proudly wear the same school uniforms as other school teams and represent their school in Unified Sports. They should practice and travel as part of school teams as appropriate. Students and coaches will need to meet certain eligibility requirements prior to participation. All students on the team will need an athletic physical on file to practice and compete.

**School Project Description**

<p>School Name</p>	<p>1. Which Special Olympics initiatives will be implemented in your school/district? Please check all initiatives you plan to implement. The appropriate school level(s) is found in parentheses.</p>	<p>Please check which Play Unified Club Recreation initiatives you will implement in your school/district. Please check all that apply:</p> <ul style="list-style-type: none"> <li>- Unified Recreational Mini-Tournaments</li> <li>- Unified Recreational Night/Weekends</li> </ul>
<p><b>Kawameeh - Youth Leadership Summits Middle School</b></p>	<p><b>(REQUIRED TO ATTEND AT LEAST ONE FOR MIDDLE/HIGH SCHOOLS)</b></p> <ul style="list-style-type: none"> <li>- Respect Campaign/Anti-bullying/Ability Awareness Fair (ALL schools)</li> <li>- Club Fundraising (ALL schools)</li> <li>- Play Unified Club Recreation (ALL schools)</li> </ul>	

**FOR DISTRICT APPLICATIONS:**

To add another school that is included in your district application, please click "Add another school project description" above. You **MUST** click this to add as many schools that are included in your application.

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**Budget**

**PLEASE READ:**

Please complete the Budget Workbook emailed to you. A copy of the Budget Workbook can also be found at [sonjplayunified.org](http://sonjplayunified.org) under the Resources tab. Once you

have completed the Budget Workbook, please **SAVE** and **UPLOAD** the file here to submit it with your application.

Upload Budget Workbook here  
**20172018 - Grant BudgetKMS Ltennen.xlsx**

Please include the totals for each of the categories on your Budget Workbook below. These totals must also be on your Budget Workbook.

#### **Coach Stipends**

Total Amount Requested - Coach Stipends

**0**

*Coach Stipends - \$1,500 per sport; \$2,000 for two coaches per sport. Requires a minimum of 6 practices with culmination competition.*

#### **Adviser Stipends**

Total Amount Requested - Adviser Stipends

**500**

*Adviser Stipends - \$500 for one adviser per school club for one school year.*

#### **Transportation**

Total Amount Requested - Transportation

**1210**

*Transportation - to and from Unified Sports practices and competitions, as well as SONJ Youth Summits or events. **This does not include transportation to Unified Game Days or non-approved Unified trips.***

#### **Facility Rental**

Total Amount Requested - Facility Rental

**0**

*Facility Rental - for developmental, recreational or competitive Unified Sports and youth leadership events.*

#### **Fees**

Total Amount Requested - Fees

**0**

*Fees - costs related to running or participating in Unified Sports, or events directly related to the Play Unified movement.*

#### **Supplies**

Total Amount Requested - Supplies

**0**

*Supplies - club activity and sports supplies; limited at \$500 per school.*

#### **T-shirts**

Total Amount Requested - T-shirts

**0**

*T-shirts - **club shirts for only the members of your Play Unified club.** Respect Campaign shirts are provided outside your grant by SONJ, up to 50 shirts.*

**Additional Respect Campaign shirts over 50 will be charged to your grant.**  
Grant T-shirt funds cannot pay for T-shirts for fundraisers or to be sold.

#### **Equipment**

Total Amount Requested - Equipment

**0**

*Equipment - directly related to your Unified Sports and Inclusive Physical Education program. The grant does not pay for capital equipment.*

#### **Posters or Banners**

Total Amount Requested - Posters or Banners

**0**

*Posters or Banners - to be used for Play Unified club activities.*

#### **Water/Snacks**

Total Amount Requested - Water/Snacks

**0**

*Water/Snacks - for Unified Sports events and club meetings; **all food purchases MUST be pre-approved by SONJ.***

#### **Uniforms**

Total Amount Requested - Uniforms

**0**

*Uniforms - for Play Unified school-based sports only, not to be used for SONJ LTP (Local Training Program) programs. We are not able to reimburse any additional apparel purchases for sweatshirts, sweatpants, etc.*

#### **Program Cost Share**

Total Amount Requested - Program Cost Share

**0**

*Program Cost Share - any contribution your school makes to the Play Unified initiatives including space, maintenance, officials, food, uniforms, t-shirts, equipment, etc.*

Total Amount Requested

**1710**

#### **Attached Files:**

- Lindsey Tennen 20172018 KMS Club Unify Grant application.docx (16 KB)
- 20172018 - Grant BudgetKMS Ltennen.xlsx (15 KB)

Lindsey Tennen

Kawameeh Middle School

1. Question 1 is to be completed below (checkboxes).
2. Identify your Play Unified goals for 2017-2018 and the activities you will implement to achieve them.
  - I would like to have a more members of the Kawameeh student body and staff . apart of our club and inclusive activities.  
I will have more exposure with the club and encourage more members to join with students who participated this year sharing their rewarding experiences.
  - I would like to do more fundraising. I will have more bake sales as well as more fundraisers with local merchants.
3. How do you plan to implement your Unified Club, and what support will you provide your students in carrying out their Play Unified programs?  
I will continue to have club meetings before and after school. I will also make sure they attend the leadership meetings as well as encourage students to be involved in school clubs and sports and provide the support when they do.
4. How will you fulfill the Unified Sports component? What levels: Play Unified Club Interscholastic, Shriver Cup tournaments, NJSIAA Interscholastic Basketball and/or Track & Field, Intramurals, Intra-district? What sports will you participate in, what challenges do you anticipate and how will you address them?  
We will continue the Play Unified Club and continue to incorporate ourselves throughout the school in every aspect we can.
5. What is your plan for engaging your whole school? How will you incorporate the Respect Week campaign?  
This year (2016-2017) was our first year. Until we had spirit week, staff and students supported us, however enrollment was low. After we had spirit week and the activities each day, we have a large amount of interest and plan on having a larger club with active members.
6. Is your school currently involved in a Special Olympics New Jersey program? If so, how? Yes.... This year was our first year doing the Club.
7. Describe your plan for long-term sustainability. How will you support the Unified Champion School activities when SONJ funding ends?  
We will be having more fundraisers as well as reaching out to local merchants for support if possible.
8. Do you plan on collaborating or playing other schools in your district or area? If so, explain how.  
We join with Burnet for some trips and will continue to join with them when feasible.
9. If there are no other schools in your district currently participating, will you try to collaborate with them to expand the Unified Schools program? How do you plan to make that happen? I have a former colleague and her husband in two other districts actively involved with Unified and I also plan on trying to reach out to them to see what we can do across the districts.



10. What are your plans for fundraising? Will you participate in the Cool School Challenge Polar Plunge?

Fundraising will be through bake sales, an online t-shirt sale( many have asked for this within my building) as well as local merchants for shop and dine events where some proceeds are given back to us.

Project Unify Budget 207 2018 KMS L. Tennen

Bowling Trip February 9:30-1:30	Bus Cost \$55 @ 4	Final Cost \$220
Mini Golf Trip October & May	Bus Cost \$55 @ 4 – 2 trips	Final Cost \$440
Project Unify Event – Fall	Bus Cost \$55 @ 4 Hours x 2	Final Cost \$220
Rutgers Field Day – Spring	Bus Cost \$55 @ 4 Hours	Final Cost \$220
Project Unify Event Spring –	Bus Cost \$55 @ 2	Final Cost \$110
Respect Week Campaign Guest Speaker	Free	Free
Advisor Club Stipend		\$500
Project Unify Club T- Shirts Field Day	Not Included	Not Included
Project Unify Respect Week Banner	Not Included	Not Included
	Total:	\$1710

2017-2018 Play Unified Budget Justification

LINE ITEM				Whole School Engagement		TOTAL	Play Unified Awarded
CLUB ADVISOR STIPEND	\$	500.00	\$	-	\$	-	500.00
Adviser Stipend	\$	-	\$	-	\$	-	-
Transportation	\$	660.00	\$	550.00	\$	-	1,210.00
Facility Rental	\$	-	\$	-	\$	-	-
Fees	\$	-	\$	-	\$	-	-
Supplies	\$	-	\$	-	\$	-	-
T-shirts	\$	-	\$	-	\$	-	-
Equipment	\$	-	\$	-	\$	-	-
Posters or Banners Water/Snacks for sports and club meetings	\$	-	\$	-	\$	-	-
Uniforms	\$	-	\$	-	\$	-	-
<b>TOTAL</b>	\$	<b>1,160.00</b>	\$	<b>550.00</b>	\$	<b>-</b>	<b>1,710.00</b>